



Ginger Snap



Vegetarian



Vegan



Gluten Free



Dairy Free



Dairy Free

READY IN

ready

5 min.

SERVINGS

servings

1

CALORIES

calories

146 kcal

DESSERT

Ingredients



0.3 teaspoon agave syrup



1 serving cinnamon sticks for garnish



0.3 teaspoon ginger fresh grated peeled



1 ounce ginger liqueur such as domaine de canton



1 pinch ground cinnamon



1 pinch ground cloves



1 serving ice cubes



1 ounce juice of lemon fresh

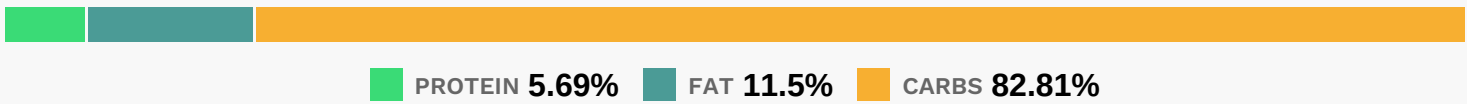
- ☐ 1 pinch nutmeg grated
- ☐ 1.5 ounces vodka

Equipment

Directions

- ☐ Shake all together the vodka, ginger liqueur, lemon juice, agave syrup, grated ginger, cinnamon, cloves and nutmeg in an ice-filled cocktail shaker. Strain into a chilled cocktail glass.
- ☐ Garnish with a cinnamon stick.

Nutrition Facts



Properties

Glycemic Index:140, Glycemic Load:1.2, Inflammation Score:-4, Nutrition Score:3.8726087057072%

Flavonoids

Eriodictyol: 1.38mg, Eriodictyol: 1.38mg, Eriodictyol: 1.38mg, Eriodictyol: 1.38mg Hesperetin: 4.1mg, Hesperetin: 4.1mg, Hesperetin: 4.1mg, Hesperetin: 4.1mg Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg, Naringenin: 0.39mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg, Quercetin: 0.1mg

Nutrients (% of daily need)

Calories: 146.26kcal (7.31%), Fat: 0.7g (1.08%), Saturated Fat: 0.34g (2.13%), Carbohydrates: 11.32g (3.77%), Net Carbohydrates: 9.25g (3.36%), Sugar: 3.24g (3.6%), Cholesterol: 0mg (0%), Sodium: 8.02mg (0.35%), Alcohol: 14.2g (100%), Alcohol %: 11.14% (100%), Protein: 0.78g (1.56%), Manganese: 0.54mg (27.15%), Vitamin C: 12.95mg (15.7%), Fiber: 2.08g (8.31%), Copper: 0.1mg (5.06%), Potassium: 163.45mg (4.67%), Magnesium: 18.1mg (4.53%), Vitamin B6: 0.07mg (3.53%), Calcium: 32.54mg (3.25%), Folate: 10.51µg (2.63%), Iron: 0.43mg (2.38%), Phosphorus: 17.87mg (1.79%), Vitamin B1: 0.02mg (1.55%), Vitamin B3: 0.3mg (1.52%), Vitamin E: 0.2mg (1.35%), Vitamin K: 1.42µg (1.35%), Vitamin B2: 0.02mg (1.34%), Zinc: 0.18mg (1.21%), Vitamin B5: 0.1mg (1.04%)