



Gingerbread Cookie Cocktail

 Vegetarian  Gluten Free

READY IN



70 min.

SERVINGS



1

CALORIES



1234 kcal

BEVERAGE

DRINK

Ingredients

- 1 serving brown sugar
- 2 cinnamon sticks
- 1 tablespoon rum / brandy / coffee liqueur
- 1 inch ginger fresh peeled sliced
- 2 tablespoons half and half
- 2 tablespoons blackstrap molasses
- 1 serving cranberry-orange relish
- 2 tablespoons simple syrup glaze

- 1 cup sugar
- 2 tablespoons vodka
- 1 cup water

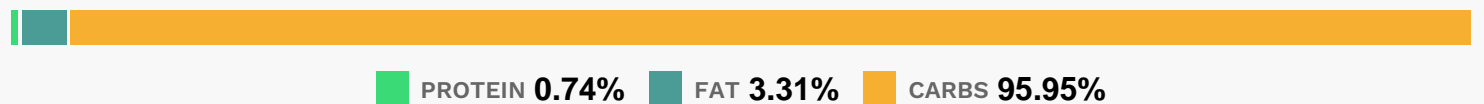
Equipment

- sauce pan

Directions

- To make Gingerbread Simple Syrup, mix sugar, water, molasses, gingerroot, cinnamon sticks and cloves in 1-quart saucepan.
- Heat to boiling over medium-high heat, stirring until sugar is dissolved.
- Remove from heat; set aside 1 hour to cool. Strain syrup into glass jar; discard spices. Cover jar, and refrigerate until needed. Makes about 1 1/2 cups.
- To prepare cocktail, moisten rim of chilled martini glass with orange wedge.
- Sprinkle brown sugar onto small plate, and dip moistened rim into the sugar to coat lightly. Fill cocktail shaker with ice.
- Add 1 ounce of the gingerbread simple syrup, the vodka, half-and-half and coffee liqueur; cover and shake. Strain into martini glass.

Nutrition Facts



Properties

Glycemic Index:191.59, Glycemic Load:156.63, Inflammation Score:-7, Nutrition Score:17.046086847782%

Flavonoids

Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg, Hesperetin: 24.52mg Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg, Naringenin: 13.79mg Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg, Luteolin: 0.17mg Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg, Kaempferol: 0.12mg Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg, Myricetin: 0.14mg Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg, Quercetin: 0.41mg

Nutrients (% of daily need)

Calories: 1234.04kcal (61.7%), Fat: 4.42g (6.8%), Saturated Fat: 2.18g (13.64%), Carbohydrates: 288.08g (96.03%), Net Carbohydrates: 282.06g (102.57%), Sugar: 279.58g (310.65%), Cholesterol: 10.5mg (3.5%), Sodium: 74.36mg (3.23%), Alcohol: 13.27g (100%), Alcohol %: 2.4% (100%), Protein: 2.21g (4.42%), Manganese: 1.88mg (94.2%), Vitamin C: 48.77mg (59.11%), Magnesium: 122.74mg (30.68%), Potassium: 880.54mg (25.16%), Fiber: 6.02g (24.07%), Calcium: 238.98mg (23.9%), Iron: 4.19mg (23.27%), Vitamin B6: 0.36mg (18.05%), Copper: 0.34mg (17.11%), Selenium: 10.32µg (14.75%), Vitamin B1: 0.16mg (10.7%), Vitamin B2: 0.16mg (9.67%), Folate: 29.13µg (7.28%), Vitamin B5: 0.68mg (6.78%), Vitamin A: 329.35IU (6.59%), Phosphorus: 65.22mg (6.52%), Vitamin B3: 0.85mg (4.24%), Zinc: 0.57mg (3.79%), Vitamin E: 0.42mg (2.78%), Vitamin K: 2.58µg (2.46%)