



## Gingerbread Doggie Treats

 Vegetarian  Vegan  Dairy Free

READY IN



25 min.

SERVINGS



25

CALORIES



63 kcal

DESSERT

### Ingredients

- 1 teaspoon double-acting baking powder
- 3 tablespoons canola oil
- 1 teaspoon cinnamon
- 1 cup flour all-purpose
- 0.5 teaspoon ground ginger
- 0.3 cup blackstrap molasses
- 1 cup flour whole-wheat

### Equipment

- bowl
- baking sheet
- oven
- wire rack
- cookie cutter
- pizza cutter

## Directions

- Preheat oven to 325F; mist a large baking sheet with cooking spray. In a large bowl, combine both flours, baking powder, cinnamon and ginger.
- Add 1/3 cup water, molasses and oil and stir until fully mixed. Knead briefly to gather dough into a ball.
- Roll dough out on a lightly floured surface into a 10-inch square. If making shaped cookies, cut out with a cookie cutter and place on baking sheet, at least 1/2 inch apart. If making squares, transfer dough to baking sheet and cut into 1-inch squares with a pizza cutter.
- Bake for 25 minutes, or until crisp and dry. Allow cookies to cool on baking sheet on a wire rack, then break them apart at cut lines, if necessary.
- lb. dog 2 cookies
- lb. dog 4 cookies
- lb. dog 6 cookies
- lb. dog 8 cookies
- lb. dog 10 cookies

## Nutrition Facts



PROTEIN 7.19%  FAT 25.94%  CARBS 66.87%

## Properties

Glycemic Index:8.64, Glycemic Load:4.28, Inflammation Score:-1, Nutrition Score:2.8386956561033%

## Nutrients (% of daily need)

Calories: 62.82kcal (3.14%), Fat: 1.86g (2.86%), Saturated Fat: 0.15g (0.96%), Carbohydrates: 10.76g (3.59%), Net Carbohydrates: 10.07g (3.66%), Sugar: 3.39g (3.77%), Cholesterol: 0mg (0%), Sodium: 18.84mg (0.82%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.16g (2.31%), Manganese: 0.33mg (16.27%), Selenium: 5.49µg (7.84%), Magnesium: 18.73mg (4.68%), Vitamin B1: 0.07mg (4.35%), Iron: 0.65mg (3.61%), Vitamin B3: 0.58mg (2.9%), Folate: 11.27µg (2.82%), Fiber: 0.7g (2.79%), Phosphorus: 27.55mg (2.76%), Vitamin B6: 0.05mg (2.61%), Potassium: 89.28mg (2.55%), Copper: 0.05mg (2.46%), Vitamin E: 0.33mg (2.22%), Calcium: 21.84mg (2.18%), Vitamin B2: 0.03mg (1.93%), Vitamin K: 1.33µg (1.27%), Zinc: 0.18mg (1.17%)