



Gingerbread House Frosting

 **Gluten Free**

READY IN



15 min.

SERVINGS



24

CALORIES



207 kcal

DESSERT

Ingredients

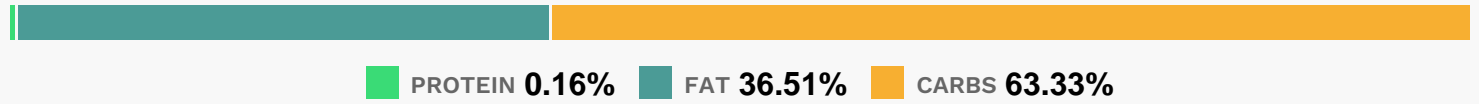
- 6 cups powdered sugar
- 1 cup shortening
- 0.3 cup plus light
- 0.3 cup milk
- 1 serving food coloring green red yellow

Equipment

Directions

- ☐ Beat all ingredients except food colors until smooth enough to spread, beating in additional milk if needed. Leave most of frosting white; remove and tint small amounts of frosting with food colors for decorating front of house.

Nutrition Facts



Properties

Glycemic Index:2.38, Glycemic Load:0.74, Inflammation Score:1, Nutrition Score:0.5152173989007%

Nutrients (% of daily need)

Calories: 207.14kcal (10.36%), Fat: 8.63g (13.28%), Saturated Fat: 2.18g (13.64%), Carbohydrates: 33.7g (11.23%), Net Carbohydrates: 33.7g (12.25%), Sugar: 33.1g (36.78%), Cholesterol: 0.31mg (0.1%), Sodium: 4.84mg (0.21%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.08g (0.17%), Vitamin K: 4.55µg (4.34%), Vitamin E: 0.52mg (3.5%)