

Glazed Raisin-Cinnamon Biscuits

READY IN

25 min.





DESSERT

Ingredients

0.5 cup raisins

0.7 cup milk

2 tablespoons granulated sugar

1 teaspoon ground cinnamon

0.7 cup powdered sugar

1 tablespoon water

0.3 teaspoon vanilla

2.5 cups frangelico

Equipment	
	bowl
	baking sheet
	oven
Directions	
	Heat oven to 450°F. In medium bowl, stir all biscuit ingredients just until soft dough forms.
	Place dough on surface generously dusted with Bisquick mix; gently roll in Bisquick mix to coat. Shape into ball; knead 10 times.
	Roll 1/2 inch thick.
	Cut with 2 1/2-inch cutter dipped in Bisquick mix. On ungreased cookie sheet, place biscuits 2 inches inches apart.
	Bake 8 to 10 minutes or until golden brown. While biscuits are baking, in small bowl, beat all glaze ingredients with spoon until smooth.
	Spread glaze over warm biscuits.
Nutrition Facts	
	PROTEIN 3.81% FAT 6.75% CARBS 89.44%

Properties

Glycemic Index:14.32, Glycemic Load:4.19, Inflammation Score:-1, Nutrition Score:0.9591304347243%

Nutrients (% of daily need)

Calories: 60.3kcal (3.02%), Fat: 0.47g (0.73%), Saturated Fat: 0.26g (1.65%), Carbohydrates: 14.16g (4.72%), Net Carbohydrates: 13.66g (4.97%), Sugar: 9.18g (10.2%), Cholesterol: 1.63mg (0.54%), Sodium: 7.08mg (0.31%), Alcohol: 0.03g (100%), Alcohol %: 0.12% (100%), Protein: 0.6g (1.21%), Manganese: 0.05mg (2.32%), Potassium: 71.19mg (2.03%), Calcium: 20.17mg (2.02%), Fiber: 0.5g (2%), Vitamin B2: 0.03mg (1.85%), Phosphorus: 18.33mg (1.83%), Vitamin B12: 0.07µg (1.22%)