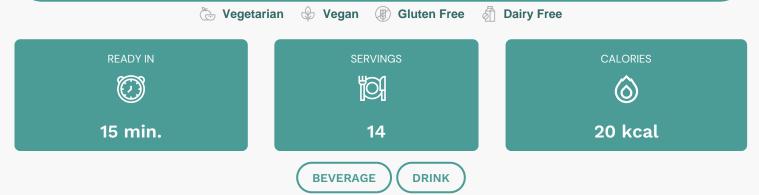


Glowing Severed-Hand Halloween Punch



Ingredients

- 1.5 cups juice of lime freshly squeezed (from 15 limes)
- 1.5 cups pineapple juice sweetened
- 7 cups water such as fever-tree, chilled
- 1.5 cups frangelico
- 3 cups frangelico
- 1.5 cups frangelico
- 3 cups frangelico

Equipment

Directions

For the severed-hand ice cubes:Line a baking sheet with parchment or waxed paper and set aside. Fill 1 glove with about 1 1/2 cups of the flat tonic water. Squeeze out as much air as possible and close the opening of the glove tightly with a rubber band.

Lay the glove flat on the prepared baking sheet and repeat with the second glove.

Place the pisco, Cointreau, lime juice, and pineapple juice in a 3-1/2-quart container and stir to combine. Refrigerate until chilled, about 2 to 3 hours. When ready to serve the punch, remove the severed-hand ice cubes from the freezer.

Let sit about 3 to 5 minutes at room temperature to help loosen the rubber gloves. Meanwhile, add the tonic to the pisco mixture and gently stir to combine.

Cut away and discard the rubber gloves (use extra care around the fingers).

Place the ice-cube hands in the punch and serve underneath black lights.

Nutrition Facts

📕 PROTEIN 3.48% 📕 FAT 1.9% 📒 CARBS 94.62%

Properties

Glycemic Index:3.29, Glycemic Load:1.47, Inflammation Score:-1, Nutrition Score:1.5321739073033%

Flavonoids

Eriodictyol: 0.57mg, Eriodictyol: 0.57mg, Eriodictyol: 0.57mg, Eriodictyol: 0.57mg Hesperetin: 2.33mg, Hesperetin: 2.33mg, Hesperetin: 2.33mg Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg, Quercetin: 0.13mg, Quer

Nutrients (% of daily need)

Calories: 19.88kcal (0.99%), Fat: 0.05g (0.07%), Saturated Fat: Og (0.03%), Carbohydrates: 5.44g (1.81%), Net Carbohydrates: 5.28g (1.92%), Sugar: 2.96g (3.29%), Cholesterol: Omg (0%), Sodium: 6.94mg (0.3%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.2g (0.4%), Vitamin C: 10.31mg (12.49%), Manganese: 0.13mg (6.61%), Copper: 0.04mg (2.17%), Potassium: 63.21mg (1.81%), Folate: 7.14µg (1.79%), Vitamin B6: 0.04mg (1.76%), Magnesium: 6.29mg (1.57%), Vitamin B1: 0.02mg (1.41%), Calcium: 10.47mg (1.05%)