



Glowing Severed-Hand Halloween Punch

 Vegetarian  Vegan  Gluten Free  Dairy Free

READY IN



15 min.

SERVINGS



14

CALORIES



20 kcal

BEVERAGE

DRINK

Ingredients

- 1.5 cups juice of lime freshly squeezed (from 15 limes)
- 1.5 cups pineapple juice sweetened
- 7 cups water such as fever-tree, chilled
- 1.5 cups frangelico
- 3 cups frangelico
- 1.5 cups frangelico
- 3 cups frangelico

Equipment

baking sheet

Directions

- For the severed-hand ice cubes: Line a baking sheet with parchment or waxed paper and set aside. Fill 1 glove with about 1 1/2 cups of the flat tonic water. Squeeze out as much air as possible and close the opening of the glove tightly with a rubber band.
- Lay the glove flat on the prepared baking sheet and repeat with the second glove.
- Place the pisco, Cointreau, lime juice, and pineapple juice in a 3-1/2-quart container and stir to combine. Refrigerate until chilled, about 2 to 3 hours. When ready to serve the punch, remove the severed-hand ice cubes from the freezer.
- Let sit about 3 to 5 minutes at room temperature to help loosen the rubber gloves. Meanwhile, add the tonic to the pisco mixture and gently stir to combine.
- Cut away and discard the rubber gloves (use extra care around the fingers).
- Place the ice-cube hands in the punch and serve underneath black lights.

Nutrition Facts

 **PROTEIN 3.48%** **FAT 1.9%** **CARBS 94.62%**

Properties

Glycemic Index: 3.29, Glycemic Load: 1.47, Inflammation Score: -1, Nutrition Score: 1.5321739073033%

Flavonoids

Eriodictyol: 0.57mg, Eriodictyol: 0.57mg, Eriodictyol: 0.57mg, Eriodictyol: 0.57mg Hesperetin: 2.33mg, Hesperetin: 2.33mg, Hesperetin: 2.33mg, Hesperetin: 2.33mg Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg, Naringenin: 0.1mg Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg, Quercetin: 0.13mg

Nutrients (% of daily need)

Calories: 19.88kcal (0.99%), Fat: 0.05g (0.07%), Saturated Fat: 0g (0.03%), Carbohydrates: 5.44g (1.81%), Net Carbohydrates: 5.28g (1.92%), Sugar: 2.96g (3.29%), Cholesterol: 0mg (0%), Sodium: 6.94mg (0.3%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.2g (0.4%), Vitamin C: 10.31mg (12.49%), Manganese: 0.13mg (6.61%), Copper: 0.04mg (2.17%), Potassium: 63.21mg (1.81%), Folate: 7.14µg (1.79%), Vitamin B6: 0.04mg (1.76%), Magnesium: 6.29mg (1.57%), Vitamin B1: 0.02mg (1.41%), Calcium: 10.47mg (1.05%)