

Gluten-Free Better Than Almost Anything Cake







DESSERT

Ingredients

- 15 oz duncan hines devil's food cake gluten free
- 12.3 oz mrs richardson's butterscotch caramel sauce
- 1 cup cool whip frozen thawed
- 0.5 cup toffee chips

Equipment

- frying pan
- oven

	wooden spoon
Directions	
	Heat oven to 350°F (or 325°F for dark or nonstick pan). Make and bake cake mix as directed on box, using water, butter, eggs and any of the pan choices.
	With handle of wooden spoon, poke top of warm cake every 1/2 inch.
	Drizzle caramel topping evenly over top of cake; let stand until absorbed into cake. Cover; refrigerate about 2 hours or until chilled.
	Spread whipped topping over top of cake.
	Sprinkle with toffee bits. Store covered in refrigerator.
	Nutrition Facts
	PROTEIN 3.72% FAT 27.78% CARBS 68.5%

Properties

Glycemic Index:5.67, Glycemic Load:4.34, Inflammation Score:-3, Nutrition Score:5.4634783021782%

Nutrients (% of daily need)

Calories: 371.6kcal (18.58%), Fat: 12.09g (18.6%), Saturated Fat: 4.48g (28.03%), Carbohydrates: 67.08g (22.36%), Net Carbohydrates: 65.91g (23.97%), Sugar: 49.77g (55.3%), Cholesterol: 15mg (5%), Sodium: 545.13mg (23.7%), Alcohol: Og (100%), Alcohol %: O% (100%), Caffeine: 5.2mg (1.73%), Protein: 3.65g (7.29%), Phosphorus: 152.49mg (15.25%), Iron: 2.13mg (11.85%), Calcium: 103.25mg (10.33%), Selenium: 6.72µg (9.59%), Copper: 0.19mg (9.55%), Vitamin B2: 0.14mg (8.01%), Folate: 31.75µg (7.94%), Magnesium: 25.33mg (6.33%), Vitamin B1: 0.09mg (6.25%), Manganese: 0.12mg (6.25%), Potassium: 197.09mg (5.63%), Fiber: 1.17g (4.67%), Vitamin E: 0.67mg (4.5%), Vitamin A: 202.15IU (4.04%), Vitamin B3: 0.79mg (3.95%), Vitamin B12: 0.21µg (3.45%), Zinc: 0.42mg (2.8%), Vitamin K: 2.19µg (2.08%), Vitamin B6: 0.03mg (1.49%), Vitamin B5: 0.14mg (1.43%)