



Gluten-Free Brownie Ganache Torte with Raspberries

READY IN



115 min.

SERVINGS



12

CALORIES



281 kcal

DESSERT

Ingredients

- 16 oz brownie mix gluten free
- 0.3 cup butter melted
- 2 eggs
- 0.3 cup whipping cream
- 0.5 cup bittersweet chocolate
- 1 cup raspberries fresh sliced

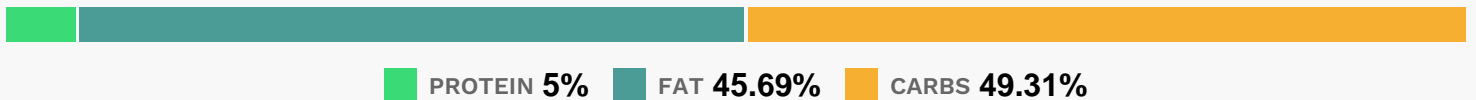
Equipment

- bowl
- frying pan
- sauce pan
- oven
- knife
- toothpicks
- springform pan

Directions

- Heat oven to 350°F. Spray bottom only of 8-inch springform pan with cooking spray.
- In medium bowl, stir brownie mix, butter and eggs until well blended.
- Spread in pan.
- Bake 26 to 29 minutes or until toothpick inserted 2 inches from side of pan comes out almost clean; cool 10 minutes. Run knife around edge of pan to loosen; remove side of pan. Cool completely, about 1 hour.
- In 1-quart saucepan, heat whipping cream over medium-low heat until hot.
- Remove from heat; stir in chocolate chips until melted and smooth.
- Let stand 15 minutes to thicken. Carefully pour chocolate mixture onto top center of brownie; spread just to edge.
- Cut into wedges.
- Serve with raspberries.

Nutrition Facts



Properties

Glycemic Index:6.33, Glycemic Load:0.14, Inflammation Score:-2, Nutrition Score:3.1343478119892%

Flavonoids

Cyanidin: 4.58mg, Cyanidin: 4.58mg, Cyanidin: 4.58mg, Cyanidin: 4.58mg Petunidin: 0.03mg, Petunidin: 0.03mg, Petunidin: 0.03mg, Petunidin: 0.03mg Delphinidin: 0.13mg, Delphinidin: 0.13mg, Delphinidin: 0.13mg, Delphinidin: 0.13mg

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Nutrients (% of daily need)

Calories: 280.99kcal (14.05%), Fat: 14.35g (22.08%), Saturated Fat: 6.78g (42.34%), Carbohydrates: 34.85g (11.62%), Net Carbohydrates: 33.62g (12.23%), Sugar: 22.09g (24.54%), Cholesterol: 45.36mg (15.12%), Sodium: 153.81mg (6.69%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Caffeine: 6.27mg (2.09%), Protein: 3.53g (7.07%), Iron: 1.73mg (9.6%), Manganese: 0.17mg (8.29%), Copper: 0.11mg (5.3%), Vitamin A: 261.91IU (5.24%), Fiber: 1.23g (4.93%), Selenium: 3.13µg (4.47%), Phosphorus: 41.35mg (4.13%), Magnesium: 16.47mg (4.12%), Vitamin B2: 0.05mg (3.23%), Vitamin C: 2.66mg (3.22%), Vitamin E: 0.38mg (2.52%), Zinc: 0.35mg (2.33%), Potassium: 73.98mg (2.11%), Vitamin B5: 0.19mg (1.89%), Vitamin K: 1.87µg (1.78%), Vitamin D: 0.25µg (1.68%), Calcium: 16.63mg (1.66%), Vitamin B12: 0.1µg (1.62%), Folate: 5.95µg (1.49%), Vitamin B6: 0.02mg (1.15%)