

Gluten-Free Chocolate Chip Cookie Ice Cream Pie







Ingredients

19 02 Chocolate Chip Cookie mix gluten free
0.5 cup butter softened
1 teaspoon vanilla pure
1 eggs beaten
1 tablespoon cocoa powder unsweetened
1.5 quarts whipped cream gluten-free

0.5 cup topping gluten-free

Equipment

	bowl	
Η		
Ш	baking sheet	
	oven	
	microwave	
	spatula	
Diı	rections	
	Heat oven to 350°F. In medium bowl, stir cookie mix, butter, vanilla and egg until soft dough forms. Divide dough in half (about 2 cups in each half). With half of the dough, shape, bake and cool cookies as directed on box. Reserve for another use.	
	Meanwhile, stir cocoa into remaining half of dough. Crumble dough onto cookie sheet with sides.	
	Bake 8 to 10 minutes until dough is baked through and just starting to turn light brown. Cool 5 minutes; toss with spatula to make crumbs.	
	In ungreased 9-inch glass pie plate, press 1 cup of the cookie crumbs.	
	Place small scoops of ice cream in single layer over crust; sprinkle with 3/4 cup of the crumbs. Top with remaining ice cream and crumbs. Cover; freeze at least 2 hours.	
	In small microwavable bowl, microwave chocolate fudge topping on High 10 to 15 seconds.	
	Drizzle topping over pie just before serving.	
Nutrition Facts		
	PROTEIN 4.97% FAT 50.13% CARBS 44.9%	
Properties		
Glycomic Indev:19.96 Glycomic Load:46.06 Inflammation Score:-7 Nutrition Score:12.20173012601%		

Flavonoids

Catechin: 0.41mg, Catechin: 0.41mg, Catechin: 0.41mg, Catechin: 0.41mg Epicatechin: 1.23mg, Epicatechin: 1.23mg, Epicatechin: 1.23mg, Epicatechin: 1.23mg Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 884.93kcal (44.25%), Fat: 49.55g (76.23%), Saturated Fat: 26.78g (167.39%), Carbohydrates: 99.88g (33.29%), Net Carbohydrates: 95.99g (34.91%), Sugar: 66.15g (73.5%), Cholesterol: 134.61mg (44.87%), Sodium: 548.62mg (23.85%), Alcohol: 0.17g (100%), Alcohol %: 0.08% (100%), Protein: 11.05g (22.1%), Vitamin B2: 0.6mg (35.08%), Phosphorus: 256.65mg (25.66%), Calcium: 243.77mg (24.38%), Vitamin A: 1131.65IU (22.63%), Vitamin B1: 0.3mg (20.32%), Potassium: 550.84mg (15.74%), Fiber: 3.89g (15.56%), Magnesium: 60.3mg (15.08%), Folate: 57.95μg (14.49%), Vitamin B12: 0.78μg (12.94%), Zinc: 1.85mg (12.3%), Vitamin B5: 1.16mg (11.55%), Vitamin E: 1.42mg (9.46%), Vitamin B3: 1.63mg (8.13%), Selenium: 5.55μg (7.93%), Iron: 1.4mg (7.78%), Copper: 0.13mg (6.75%), Manganese: 0.11mg (5.57%), Vitamin B6: 0.1mg (4.98%), Vitamin D: 0.46μg (3.1%), Vitamin K: 2.03μg (1.94%), Vitamin C: 1.1mg (1.34%)