



## Gluten-Free Chocolate Chip Cookie Ice Cream Sandwiches

 Dairy Free

READY IN



245 min.

SERVINGS



8

CALORIES



69 kcal

### Ingredients

- 1 container chocolate chip cookie mix gluten free refrigerated pillsbury®
- 2 cups whipped cream softened

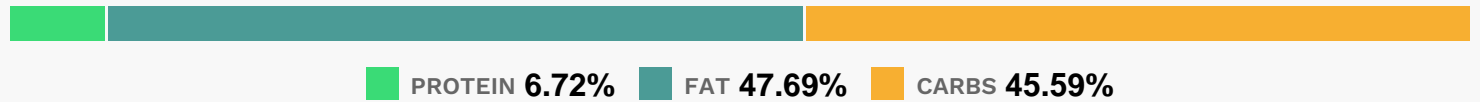
### Equipment

- bowl
- oven
- plastic wrap
- aluminum foil

## Directions

- Heat oven to 350°F. Make 16 cookies as directed on container. Cool completely, about 15 minutes.
- Cut eight 12x9-inch pieces of plastic wrap or foil.
- Place chocolate chips in small bowl.
- For each sandwich, spoon 1/4 cup ice cream onto bottom of 1 cookie. Top with second cookie, bottom side down; press together gently. Gently roll edge of sandwich in chocolate chips. Quickly wrap each sandwich in plastic wrap. Freeze until firm, about 3 hours.
- Let stand 5 minutes before serving.

## Nutrition Facts



## Properties

Glycemic Index:13.71, Glycemic Load:4.65, Inflammation Score:-1, Nutrition Score:1.3052173885314%

## Nutrients (% of daily need)

Calories: 68.94kcal (3.45%), Fat: 3.66g (5.63%), Saturated Fat: 2.25g (14.08%), Carbohydrates: 7.87g (2.62%), Net Carbohydrates: 7.64g (2.78%), Sugar: 7.04g (7.82%), Cholesterol: 14.53mg (4.84%), Sodium: 26.85mg (1.17%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.16g (2.32%), Vitamin B2: 0.08mg (4.67%), Calcium: 42.24mg (4.22%), Phosphorus: 34.71mg (3.47%), Vitamin A: 138.93IU (2.78%), Vitamin B12: 0.13µg (2.14%), Vitamin B5: 0.19mg (1.92%), Potassium: 65.9mg (1.88%), Zinc: 0.23mg (1.52%), Magnesium: 4.66mg (1.17%)