



WHATSheATE



Gluten-Free Chocolate Orange Cake

READY IN



120 min.

SERVINGS



12

CALORIES



362 kcal

DESSERT

Ingredients

- ☐ 15 oz duncan hines devil's food cake gluten free
- ☐ 0.5 cup butter softened
- ☐ 1 cup orange juice
- ☐ 3 eggs
- ☐ 1 tablespoon orange zest grated
- ☐ 2 cups powdered sugar
- ☐ 0.3 cup butter softened
- ☐ 1 tablespoons orange juice
- ☐ 1 teaspoon orange zest grated

☐ 1 serving mandarin orange segents

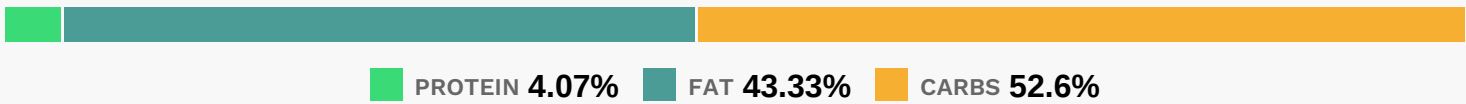
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ hand mixer
- ☐ toothpicks

Directions

- ☐ Heat oven to 350°F. Grease bottom only of 8- or 9-inch square pan. In large bowl, beat cake ingredients on low speed 30 seconds. Beat on medium speed 2 minutes.
- ☐ Pour into pan.
- ☐ Bake 44 to 49 minutes for 8-inch pan or 38 to 43 minutes or 9-inch pan until toothpick inserted in center comes out clean. Cool completely, about 1 hour.
- ☐ In medium bowl, beat powdered sugar, 1/4 cup butter and 1 tablespoon of the orange juice with electric mixer on low speed until mixed.
- ☐ Add remaining orange juice, 1 teaspoon at a time, until creamy and smooth. Beat in 1 teaspoon orange peel.
- ☐ Spread frosting on cooled cake.
- ☐ Garnish with orange peel or mandarin orange segments.

Nutrition Facts



Properties

Glycemic Index:20.5, Glycemic Load:1.61, Inflammation Score:-4, Nutrition Score:6.2565217121788%

Flavonoids

Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg Hesperetin: 3.36mg, Hesperetin: 3.36mg, Hesperetin: 3.36mg, Hesperetin: 3.36mg Naringenin: 1.38mg, Naringenin: 1.38mg, Naringenin: 1.38mg, Naringenin: 1.38mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin:

0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 362.32kcal (18.12%), Fat: 18.15g (27.93%), Saturated Fat: 8.8g (55.01%), Carbohydrates: 49.59g (16.53%), Net Carbohydrates: 48.46g (17.62%), Sugar: 36g (40%), Cholesterol: 71.42mg (23.81%), Sodium: 400.02mg (17.39%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 3.9mg (1.3%), Protein: 3.84g (7.67%), Vitamin C: 14.37mg (17.42%), Phosphorus: 126.58mg (12.66%), Selenium: 8.07µg (11.53%), Vitamin A: 523.83IU (10.48%), Iron: 1.87mg (10.36%), Folate: 35.84µg (8.96%), Copper: 0.17mg (8.26%), Vitamin B2: 0.13mg (7.42%), Calcium: 69.78mg (6.98%), Vitamin B1: 0.09mg (6.09%), Vitamin E: 0.87mg (5.78%), Potassium: 196.59mg (5.62%), Magnesium: 21.92mg (5.48%), Fiber: 1.13g (4.52%), Manganese: 0.09mg (4.48%), Vitamin B3: 0.71mg (3.55%), Zinc: 0.46mg (3.06%), Vitamin B5: 0.3mg (2.97%), Vitamin B6: 0.05mg (2.5%), Vitamin K: 2.39µg (2.28%), Vitamin B12: 0.12µg (2.03%), Vitamin D: 0.22µg (1.47%)