

Gluten-Free Honey Lemon Margarita

 Vegetarian  Gluten Free  Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



441 kcal

BEVERAGE

DRINK

Ingredients

- 0.5 oz clear honey orange-flavored
- 0.3 cup honey
- 1 tablespoon honey
- 1 slices optional: lemon
- 0.8 oz juice of lemon fresh
- 2 tablespoons tequila
- 0.3 cup water hot

Equipment

Directions

- To make Honey Syrup, mix honey and hot water. Makes 1/2 cup.
- To make margarita, add 1/2 oz of the honey syrup, the tequila, orange-flavored liqueur and lemon juice to cocktail shaker. Fill shaker with ice; cover and shake vigorously. Strain into cocktail glass filled with fresh ice.
- Garnish with lemon slices.

Nutrition Facts

PROTEIN 0.5% **FAT 0.16%** **CARBS 99.34%**

Properties

Glycemic Index:197.32, Glycemic Load:51.65, Inflammation Score:-1, Nutrition Score:2.1113043594296%

Flavonoids

Eriodictyol: 2.53mg, Eriodictyol: 2.53mg, Eriodictyol: 2.53mg, Eriodictyol: 2.53mg Hesperetin: 5.03mg, Hesperetin: 5.03mg, Hesperetin: 5.03mg, Hesperetin: 5.03mg Naringenin: 0.33mg, Naringenin: 0.33mg, Naringenin: 0.33mg, Naringenin: 0.33mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg, Myricetin: 0.04mg Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg

Nutrients (% of daily need)

Calories: 440.58kcal (22.03%), Fat: 0.07g (0.11%), Saturated Fat: 0.01g (0.07%), Carbohydrates: 100.94g (33.65%), Net Carbohydrates: 100.44g (36.52%), Sugar: 99.17g (110.19%), Cholesterol: 0mg (0%), Sodium: 8.41mg (0.37%), Alcohol: 10.02g (100%), Alcohol %: 5.35% (100%), Protein: 0.51g (1.02%), Vitamin C: 12.54mg (15.2%), Manganese: 0.11mg (5.3%), Copper: 0.06mg (3.25%), Iron: 0.57mg (3.19%), Vitamin B2: 0.05mg (3.02%), Potassium: 94.52mg (2.7%), Vitamin B6: 0.04mg (2.22%), Fiber: 0.5g (2%), Zinc: 0.3mg (1.98%), Folate: 7.42µg (1.86%), Selenium: 1.01µg (1.44%), Vitamin B5: 0.12mg (1.23%), Magnesium: 4.83mg (1.21%), Calcium: 12.07mg (1.21%)