



## Gluten-Free Lemon Pound Cake

 Vegetarian  Popular

READY IN



100 min.

SERVINGS



16

CALORIES



117 kcal

DESSERT

### Ingredients

- 1 teaspoon almond extract
- 1.5 sticks butter softened
- 1.5 cups curd cottage cheese
- 3 large eggs
- 2 optional: lemon yellow grated (just the part)
- 1 tablespoon vanilla
- 1 box betty crocker's cake mix gluten free yellow

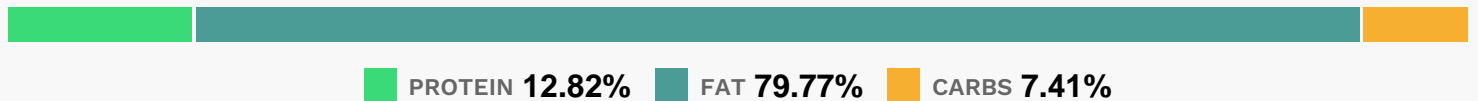
### Equipment

- bowl
- frying pan
- oven
- wire rack
- loaf pan
- hand mixer

## Directions

- Heat oven to 350F. Butter 9x5-inch loaf pan; sprinkle with 1 teaspoon of the dry cake mix.
- In large bowl, beat butter and cottage cheese with electric mixer on medium speed until well blended. Beat in eggs one at a time. Beat in vanilla, almond extract and lemon peel. Beat in cake mix just until well mixed. Batter will be thick and slightly lumpy. Scoop it into pan, and spread evenly.
- Bake 1 hour and 20 minutes. Cool 10 minutes in pan on wire rack.
- Loosen sides of loaves from pan; remove from pan and place top side up on wire rack. Cool completely, about 3 hours before slicing.
- Sprinkle with powdered sugar before serving.

## Nutrition Facts



## Properties

Glycemic Index:6.41, Glycemic Load:0.42, Inflammation Score:-2, Nutrition Score:2.6634782721167%

## Flavonoids

Eriodictyol: 2.88mg, Eriodictyol: 2.88mg, Eriodictyol: 2.88mg, Eriodictyol: 2.88mg Hesperetin: 3.77mg, Hesperetin: 3.77mg, Hesperetin: 3.77mg, Hesperetin: 3.77mg Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg Luteolin: 0.26mg, Luteolin: 0.26mg, Luteolin: 0.26mg, Luteolin: 0.26mg Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg, Quercetin: 0.15mg

## Nutrients (% of daily need)

Calories: 117.1kcal (5.86%), Fat: 10.44g (16.05%), Saturated Fat: 6.11g (38.18%), Carbohydrates: 2.18g (0.73%), Net Carbohydrates: 1.8g (0.66%), Sugar: 1.08g (1.2%), Cholesterol: 61.25mg (20.42%), Sodium: 148.54mg (6.46%),

Alcohol: 0.37g (100%), Alcohol %: 0.56% (100%), Protein: 3.77g (7.54%), Vitamin C: 7.16mg (8.67%), Selenium: 5.09µg (7.28%), Vitamin A: 348IU (6.96%), Phosphorus: 57.02mg (5.7%), Vitamin B2: 0.08mg (4.98%), Vitamin B12: 0.19µg (3.21%), Vitamin B5: 0.3mg (2.99%), Calcium: 29mg (2.9%), Vitamin E: 0.38mg (2.54%), Folate: 8.75µg (2.19%), Vitamin B6: 0.04mg (1.85%), Potassium: 57.72mg (1.65%), Fiber: 0.38g (1.51%), Zinc: 0.22mg (1.5%), Iron: 0.26mg (1.46%), Vitamin D: 0.21µg (1.39%), Magnesium: 4.24mg (1.06%), Vitamin B1: 0.02mg (1.03%)