

Gluten-Free Quick Mix Chocolate Cookies

airy Free







DESSERT

Ingredients

	15 oz duncan hir	nes devil'	s food cake	gluten free
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0.3 cup vegetable oil

1 teaspoon vanilla extract pure

2 eggs

0.3 cup sugar

Equipment

bowl

baking sheet

	oven				
Directions					
	Heat oven to 350°F. In large bowl, mix all ingredients except sugar with spoon until dough forms.				
	Shape dough into 1-inch balls; roll in sugar. On ungreased cookie sheets, place balls about 2 inches apart.				
	Bake 8 to 10 minutes or until set. Cool 1 minute; remove from cookie sheets to cooling racks. Cool completely, about 30 minutes, before storing in tightly covered container.				
Nutrition Facts					
	PROTEIN 4.96% FAT 45.5% CARBS 49.54%				
Properties					

Glycemic Index:1.46, Glycemic Load:0.73, Inflammation Score:-1, Nutrition Score:1.1330434926178%

Nutrients (% of daily need)

Calories: 58.17kcal (2.91%), Fat: 3.07g (4.73%), Saturated Fat: 0.58g (3.61%), Carbohydrates: 7.53g (2.51%), Net Carbohydrates: 7.32g (2.66%), Sugar: 4.45g (4.94%), Cholesterol: 6.82mg (2.27%), Sodium: 75.71mg (3.29%), Alcohol: 0.03g (100%), Alcohol %: 0.27% (100%), Protein: 0.75g (1.51%), Vitamin K: 3.13µg (2.98%), Phosphorus: 27.55mg (2.76%), Iron: 0.43mg (2.4%), Selenium: 1.67µg (2.38%), Copper: 0.04mg (1.84%), Vitamin E: 0.24mg (1.61%), Folate: 6.35µg (1.59%), Calcium: 14.34mg (1.43%), Vitamin B2: 0.02mg (1.34%), Magnesium: 4.39mg (1.1%), Vitamin B1: 0.02mg (1.05%), Manganese: 0.02mg (1.03%)