



Gram's Snow Balls

 Vegetarian

READY IN



45 min.

SERVINGS



48

CALORIES



46 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 0.5 cup butter
- 0.3 cup powdered sugar for decoration
- 1 cup flour all-purpose
- 1 teaspoon caster sugar
- 1 teaspoon vanilla extract
- 1 cup walnut pieces chopped

Equipment

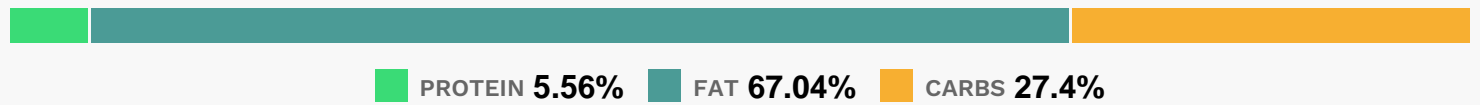
- baking sheet

oven

Directions

- Preheat oven to 350 degrees F (180 degrees C).
- Mix together all ingredients except the confectioner's sugar.
- Roll dough into small balls and place on cookie sheets.
- Bake for 25 - 30 minutes.
- Roll in confectioner's sugar while cookies are still warm.

Nutrition Facts



Properties

Glycemic Index:4.48, Glycemic Load:1.53, Inflammation Score:-1, Nutrition Score:1.0021739161533%

Flavonoids

Cyanidin: 0.07mg, Cyanidin: 0.07mg, Cyanidin: 0.07mg, Cyanidin: 0.07mg

Nutrients (% of daily need)

Calories: 46.18kcal (2.31%), Fat: 3.53g (5.44%), Saturated Fat: 1.37g (8.56%), Carbohydrates: 3.25g (1.08%), Net Carbohydrates: 3.01g (1.1%), Sugar: 0.98g (1.09%), Cholesterol: 5.08mg (1.69%), Sodium: 15.33mg (0.67%), Alcohol: 0.03g (100%), Alcohol %: 0.43% (100%), Protein: 0.66g (1.32%), Manganese: 0.1mg (5.06%), Copper: 0.04mg (2.13%), Vitamin B1: 0.03mg (1.93%), Folate: 7.23µg (1.81%), Selenium: 1.03µg (1.47%), Vitamin A: 59.58IU (1.19%), Phosphorus: 11.82mg (1.18%), Magnesium: 4.48mg (1.12%), Iron: 0.19mg (1.07%), Vitamin B2: 0.02mg (1.03%)