



Grand Marnier Syrup



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



2

CALORIES



283 kcal

BEVERAGE

DRINK

Ingredients



0.3 cup grand marnier orange-flavored



0.5 cup sugar



0.3 cup water

Equipment

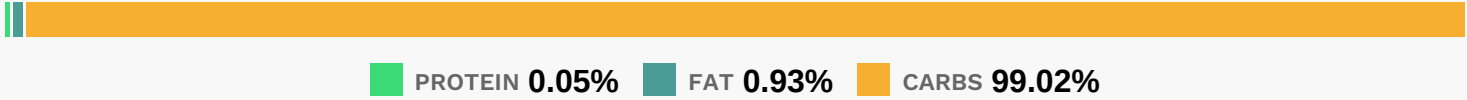


sauce pan

Directions

- ☐
- Combine sugar and water in a saucepan; bring to a boil and cook 5 minutes or until syrupy.
- ☐
- Remove from heat; let cool to room temperature and stir in Grand Marnier.

Nutrition Facts



Properties

Glycemic Index:35.05, Glycemic Load:34.91, Inflammation Score:-1, Nutrition Score:0.18478260804778%

Nutrients (% of daily need)

Calories: 283.36kcal (14.17%), Fat: 0.25g (0.38%), Saturated Fat: 0.03g (0.2%), Carbohydrates: 59.3g (19.77%), Net Carbohydrates: 59.3g (21.56%), Sugar: 59.4g (66%), Cholesterol: 0mg (0%), Sodium: 4.34mg (0.19%), Alcohol: 7.67g (100%), Alcohol %: 8.91% (100%), Caffeine: 7.67mg (2.56%), Protein: 0.03g (0.06%)