



Grand Mimosas



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



10 min.

SERVINGS



8

CALORIES



96 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



2 cups orange juice fresh chilled



0.3 cup orange liqueur



750 milliliter sparkling wine

Equipment

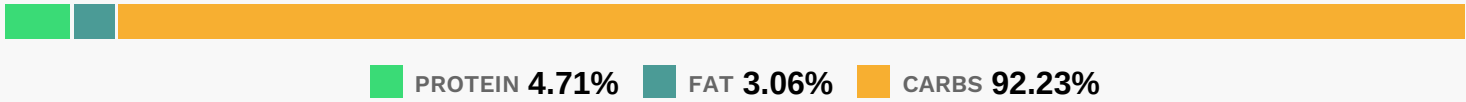
Directions



Stir together Champagne or sparkling wine, chilled fresh orange juice, and orange liqueur.

- ☐
- Serve immediately.
- ☐
- Note: For testing purposes only, we used Grand Marnier for orange liqueur.

Nutrition Facts



Properties

Glycemic Index:6.5, Glycemic Load:3.29, Inflammation Score:-5, Nutrition Score:3.3369566038575%

Flavonoids

Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg Hesperetin: 7.41mg, Hesperetin: 7.41mg, Hesperetin: 7.41mg, Hesperetin: 7.41mg Naringenin: 1.33mg, Naringenin: 1.33mg, Naringenin: 1.33mg, Naringenin: 1.33mg Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg

Nutrients (% of daily need)

Calories: 96.44kcal (4.82%), Fat: 0.15g (0.22%), Saturated Fat: 0.02g (0.14%), Carbohydrates: 9.92g (3.31%), Net Carbohydrates: 9.79g (3.56%), Sugar: 8.66g (9.62%), Cholesterol: 0mg (0%), Sodium: 7.76mg (0.34%), Alcohol: 7.9g (100%), Alcohol %: 6.15% (100%), Protein: 0.51g (1.01%), Vitamin C: 31mg (37.58%), Potassium: 208.51mg (5.96%), Folate: 19.54µg (4.88%), Magnesium: 16.39mg (4.1%), Vitamin B1: 0.06mg (3.74%), Iron: 0.5mg (2.79%), Phosphorus: 25.01mg (2.5%), Vitamin A: 124IU (2.48%), Vitamin B6: 0.04mg (2.18%), Copper: 0.04mg (2.03%), Vitamin B3: 0.35mg (1.76%), Vitamin B2: 0.03mg (1.7%), Calcium: 15.31mg (1.53%), Vitamin B5: 0.12mg (1.18%)