



Grandma M's Raisin Cookies

 Vegetarian

READY IN



45 min.

SERVINGS



72

CALORIES



75 kcal

DESSERT

Ingredients

- 1.5 teaspoons baking soda
- 1 cup butter softened
- 1.5 teaspoons cream of tartar
- 2 eggs
- 3.5 cups flour all-purpose
- 3 teaspoons lemon extract
- 2 cups raisins
- 0.5 teaspoon salt

1.5 cups sugar white

Equipment

baking sheet

oven

mixing bowl

Directions

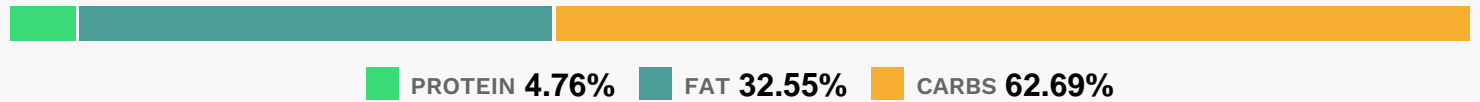
Preheat oven to 400 degrees F. Grease cookie sheets.

In a large mixing bowl, beat together all ingredients.

Drop by teaspoon on cookie sheets and flatten slightly with a fork.

Bake for 10 minutes or until brown at the edges. Be careful to not overbake. Cool and store in an airtight container.

Nutrition Facts



Properties

Glycemic Index:3.53, Glycemic Load:7.96, Inflammation Score:-1, Nutrition Score:1.3560869609532%

Nutrients (% of daily need)

Calories: 74.6kcal (3.73%), Fat: 2.77g (4.26%), Saturated Fat: 1.68g (10.47%), Carbohydrates: 12g (4%), Net Carbohydrates: 11.56g (4.2%), Sugar: 4.18g (4.65%), Cholesterol: 11.33mg (3.78%), Sodium: 62.28mg (2.71%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.91g (1.82%), Selenium: 2.52µg (3.59%), Vitamin B1: 0.05mg (3.52%), Folate: 11.91µg (2.98%), Manganese: 0.05mg (2.64%), Vitamin B2: 0.04mg (2.64%), Iron: 0.41mg (2.29%), Vitamin B3: 0.41mg (2.03%), Fiber: 0.44g (1.75%), Vitamin A: 85.39IU (1.71%), Potassium: 52.57mg (1.5%), Phosphorus: 12.76mg (1.28%), Copper: 0.02mg (1.11%)