



Grandma's Soft Sugar Cookies

 Dairy Free

READY IN



45 min.

SERVINGS



72

CALORIES



78 kcal

DESSERT

Ingredients

- 1 teaspoon double-acting baking powder
- 1.5 cups butter
- 1 cup coconut or flaked
- 1 eggs
- 3 cups flour all-purpose
- 0.5 teaspoon salt
- 1.5 cups sugar
- 1 teaspoon vanilla extract

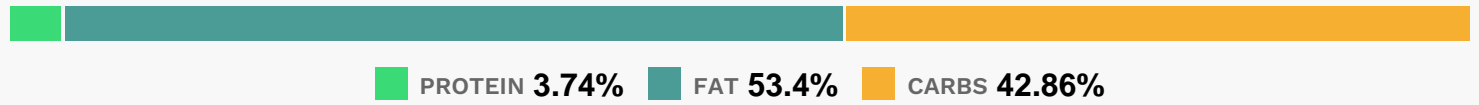
Equipment

- baking sheet
- oven

Directions

- Mix sugar, butter, coconut, vanilla, and egg together. Stir in remaining ingredients. Shape dough by rounded teaspoonfuls into balls.
- Place on ungreased baking sheet 3 inches apart. Flatten cookies to 2 inches in diameter with a glass dipped in sugar.
- Bake at 350 until cookies are set (about 7 to 9 minutes). Cookies will be pale in color. Cool slightly.
- Remove from baking sheet and store tightly covered.

Nutrition Facts



Properties

Glycemic Index:3.29, Glycemic Load:5.8, Inflammation Score:-2, Nutrition Score:1.2247826192204%

Nutrients (% of daily need)

Calories: 77.86kcal (3.89%), Fat: 4.69g (7.22%), Saturated Fat: 1.49g (9.33%), Carbohydrates: 8.47g (2.82%), Net Carbohydrates: 8.14g (2.96%), Sugar: 4.27g (4.74%), Cholesterol: 2.27mg (0.76%), Sodium: 68.09mg (2.96%), Alcohol: 0.02g (100%), Alcohol %: 0.15% (100%), Protein: 0.74g (1.48%), Vitamin A: 172.46IU (3.45%), Manganese: 0.07mg (3.42%), Selenium: 2.2µg (3.14%), Vitamin B1: 0.04mg (2.82%), Folate: 9.97µg (2.49%), Vitamin B2: 0.03mg (1.9%), Iron: 0.3mg (1.67%), Vitamin B3: 0.32mg (1.58%), Fiber: 0.33g (1.33%), Phosphorus: 11.58mg (1.16%), Vitamin E: 0.16mg (1.08%)