

Grandma's Taffy

 Vegetarian  Gluten Free

READY IN



20 min.

SERVINGS



40

CALORIES



63 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- 8 drops any color food coloring
- 4 tablespoons butter
- 0.5 cup plus
- 2 tablespoons cornstarch
- 1 tablespoon cranberry-orange relish flavored
- 1 teaspoon salt
- 2 cups sugar
- 2 teaspoons vanilla extract

1.5 cups water

Equipment

sauce pan

baking pan

kitchen scissors

Directions

In a large saucepan, stir together the sugar and cornstarch.

Add the butter, salt, corn syrup and water; mix well. Bring to a boil over medium heat, stirring to mix in butter.

Heat to 275 degrees F (134 degrees C), or until a small amount of syrup dropped from a spoon forms hard but pliable threads.

Remove from heat, and stir in the vanilla, flavored extract and food coloring.

Pour into a greased 8x8 inch baking dish. When cooled enough to handle, remove candy from the pan, and pull until it loses its shine and becomes stiff. Pull into ropes, and use scissors to cut into 1 inch pieces. Wrap each piece in waxed paper.

Nutrition Facts


■ PROTEIN 0.1% ■ FAT 16.21% ■ CARBS 83.69%

Properties

Glycemic Index:4.54, Glycemic Load:7.62, Inflammation Score:-1, Nutrition Score:0.11695652309319%

Flavonoids

Hesperetin: 0.1mg, Hesperetin: 0.1mg, Hesperetin: 0.1mg, Hesperetin: 0.1mg Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg, Naringenin: 0.06mg

Nutrients (% of daily need)

Calories: 62.87kcal (3.14%), Fat: 1.18g (1.81%), Saturated Fat: 0.72g (4.5%), Carbohydrates: 13.67g (4.56%), Net Carbohydrates: 13.66g (4.97%), Sugar: 13.31g (14.79%), Cholesterol: 3.01mg (1%), Sodium: 70.38mg (3.06%), Alcohol: 0.07g (100%), Alcohol %: 0.34% (100%), Protein: 0.02g (0.03%)