



Grands!® Fiesta Chicken Casserole

 Popular

READY IN



45 min.

SERVINGS



6

CALORIES



464 kcal

SIDE DISH

LUNCH

MAIN COURSE

MAIN DISH

Ingredients

- ☐ 16.3 ounce grands!® homestyle buttermilk biscuits refrigerated pillsbury® canned
- ☐ 1.5 cups meat from a rotisserie chicken cubed cooked
- ☐ 0.5 cup bell pepper green chopped
- ☐ 0.5 cup n chunky salsa thick old el paso®
- ☐ 1.5 cups cheddar cheese shredded

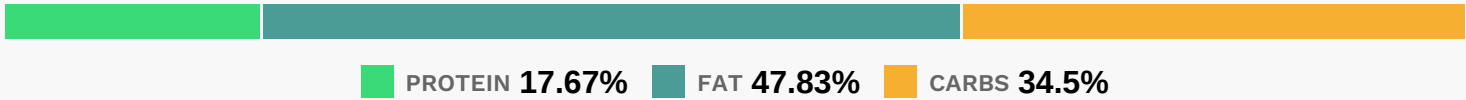
Equipment

- ☐ oven
- ☐ glass baking pan

Directions

- ☐ Cut each biscuit into 8 pieces; toss with salsa to coat.
- ☐ Spread in sprayed 8-inch square (2-quart) glass baking dish; sprinkle with remaining ingredients.
- ☐ Bake at 375 degrees F 35 to 40 minutes or until edges are deep golden brown and center biscuit pieces are no longer doughy.
- ☐ Let stand 15 minutes.
- ☐ Serve with additional salsa, if desired.

Nutrition Facts



Properties

Glycemic Index:17, Glycemic Load:23.85, Inflammation Score:-5, Nutrition Score:15.774782693904%

Flavonoids

Luteolin: 0.58mg, Luteolin: 0.58mg, Luteolin: 0.58mg, Luteolin: 0.58mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg, Quercetin: 0.27mg

Nutrients (% of daily need)

Calories: 463.59kcal (23.18%), Fat: 24.7g (37.99%), Saturated Fat: 7.99g (49.92%), Carbohydrates: 40.08g (13.36%), Net Carbohydrates: 38.48g (13.99%), Sugar: 3.9g (4.33%), Cholesterol: 55.27mg (18.42%), Sodium: 1079mg (46.91%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 20.53g (41.06%), Phosphorus: 537.17mg (53.72%), Selenium: 31.28µg (44.68%), Vitamin B3: 5.66mg (28.28%), Calcium: 248.97mg (24.9%), Vitamin B1: 0.37mg (24.89%), Vitamin B2: 0.41mg (24.2%), Manganese: 0.35mg (17.52%), Iron: 3.14mg (17.46%), Folate: 63.7µg (15.93%), Zinc: 2mg (13.32%), Vitamin B6: 0.27mg (13.26%), Vitamin C: 10.39mg (12.6%), Vitamin E: 1.54mg (10.26%), Potassium: 352.05mg (10.06%), Vitamin A: 448.9IU (8.98%), Vitamin B12: 0.51µg (8.48%), Magnesium: 32.56mg (8.14%), Vitamin B5: 0.74mg (7.44%), Fiber: 1.6g (6.41%), Copper: 0.12mg (5.77%), Vitamin K: 5.66µg (5.39%), Vitamin D: 0.17µg (1.13%)