



## Grands!® Mini Pizzas

 Popular

READY IN



25 min.

SERVINGS



8

CALORIES



451 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

### Ingredients

- 16.3 ounce grands!® biscuits refrigerated pillsbury® canned
- 3.5 ounce pepperoni sliced
- 1 cup pizza sauce
- 2 cups mozzarella cheese shredded

### Equipment

- baking sheet
- oven

## Directions

- Press each biscuit into 6-inch round.
- Place on 2 large or 3 small greased cookie sheets. Top each round with pizza sauce, cheese and pepperoni.
- Bake at 375 degrees F 10 to 15 minutes or until bottoms are deep golden brown and cheese is bubbly.

## Nutrition Facts

 PROTEIN **10.71%**  FAT **54.43%**  CARBS **34.86%**

## Properties

Glycemic Index:20.5, Glycemic Load:23.84, Inflammation Score:-4, Nutrition Score:10.045652135559%

## Nutrients (% of daily need)

Calories: 450.76kcal (22.54%), Fat: 27.23g (41.89%), Saturated Fat: 10.57g (66.06%), Carbohydrates: 39.24g (13.08%), Net Carbohydrates: 38.03g (13.83%), Sugar: 13.86g (15.39%), Cholesterol: 34.15mg (11.38%), Sodium: 720.59mg (31.33%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 12.06g (24.12%), Vitamin B2: 0.31mg (18.38%), Manganese: 0.36mg (18.11%), Selenium: 12.12µg (17.32%), Vitamin B1: 0.25mg (16.88%), Phosphorus: 165.11mg (16.51%), Calcium: 155.55mg (15.56%), Vitamin B3: 2.85mg (14.23%), Vitamin E: 2.03mg (13.54%), Vitamin B12: 0.8µg (13.33%), Folate: 52.12µg (13.03%), Iron: 2.3mg (12.8%), Zinc: 1.47mg (9.8%), Vitamin K: 8.57µg (8.17%), Vitamin A: 371.56IU (7.43%), Vitamin B6: 0.13mg (6.31%), Potassium: 197.05mg (5.63%), Magnesium: 20.51mg (5.13%), Copper: 0.1mg (5.08%), Fiber: 1.21g (4.84%), Vitamin B5: 0.46mg (4.55%), Vitamin C: 2.14mg (2.6%), Vitamin D: 0.27µg (1.82%)