



WHATSheATE



Grands!® Stuffed Reuben Sandwiches

READY IN



30 min.

SERVINGS



8

CALORIES



306 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 16.3 ounce grands!® buttermilk biscuits refrigerated pillsbury® canned
- ☐ 8 ounces corned beef ribs thinly sliced chopped (from deli)
- ☐ 3 tablespoons dijon mustard
- ☐ 1 eggs beaten
- ☐ 0.5 cup well-drained sauerkraut
- ☐ 0.5 cup swiss cheese shredded

Equipment

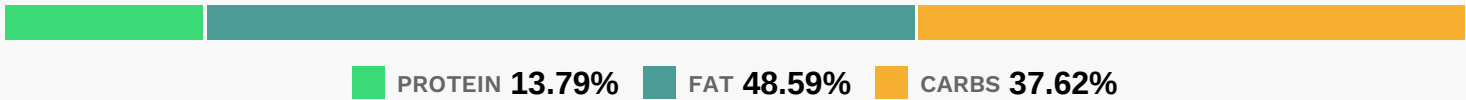
- ☐ baking sheet

☐ oven

Directions

- ☐ Heat oven to 375 degrees F. Separate dough into 8 biscuits. Press or roll each biscuit to form 5-inch round.
- ☐ Spread each biscuit round with about 1 teaspoon mustard.
- ☐ Place 1 oz. corned beef, 1 tablespoon sauerkraut and 1 tablespoon cheese in center of each round. Fold in half; seal edges. Prick top with fork to allow steam to escape.
- ☐ Place on ungreased cookie sheet.
- ☐ Brush tops with egg.
- ☐ Bake at 375 degrees F. for 13 to 16 minutes or until golden brown.

Nutrition Facts



Properties

Glycemic Index:19.5, Glycemic Load:17.8, Inflammation Score:-3, Nutrition Score:10.673043629398%

Nutrients (% of daily need)

Calories: 306.47kcal (15.32%), Fat: 16.57g (25.5%), Saturated Fat: 4.2g (26.23%), Carbohydrates: 28.87g (9.62%), Net Carbohydrates: 27.62g (10.04%), Sugar: 2.27g (2.52%), Cholesterol: 42.62mg (14.21%), Sodium: 1029.97mg (44.78%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 10.58g (21.16%), Phosphorus: 339.03mg (33.9%), Selenium: 21.93µg (31.33%), Vitamin B1: 0.27mg (18.28%), Vitamin B2: 0.26mg (15.55%), Vitamin B3: 3.03mg (15.13%), Iron: 2.71mg (15.06%), Vitamin B12: 0.84µg (13.97%), Manganese: 0.27mg (13.54%), Folate: 47.57µg (11.89%), Vitamin C: 8.98mg (10.89%), Zinc: 1.5mg (10.03%), Calcium: 99.65mg (9.96%), Potassium: 249.49mg (7.13%), Vitamin B6: 0.14mg (6.94%), Vitamin E: 0.89mg (5.95%), Magnesium: 20.53mg (5.13%), Fiber: 1.25g (5%), Copper: 0.1mg (4.95%), Vitamin B5: 0.47mg (4.73%), Vitamin K: 3.72µg (3.54%), Vitamin A: 92.47IU (1.85%)