



## Granny's Turkey Dressing

READY IN



105 min.

SERVINGS



8

CALORIES



558 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

### Ingredients

- 1 teaspoon double-acting baking powder
- 0.5 teaspoon baking soda
- 8 slices bread cut into 1/2 inch cubes
- 0.5 cup butter melted
- 1 cup buttermilk
- 0.8 cup celery chopped
- 1 teaspoon celery salt
- 29 ounce chicken broth ready-to-serve canned
- 1 cup cornmeal

- 2 eggs beaten
- 3 eggs beaten
- 0.5 cup flour all-purpose
- 0.5 cup parsley fresh chopped
- 1 teaspoon ground thyme
- 0.8 cup onion chopped
- 2 teaspoons poultry seasoning
- 2 teaspoons rubbed sage
- 0.5 teaspoon salt
- 1 tablespoon shortening
- 2 teaspoons pepper white

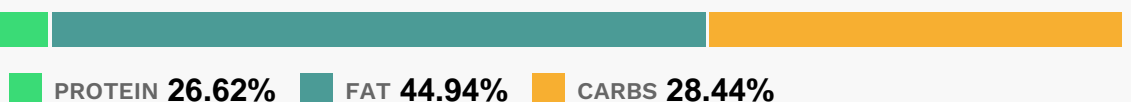
## Equipment

- bowl
- frying pan
- oven
- baking pan

## Directions

- Spoon shortening into an 8-inch cast-iron skillet.
- Place in a 425\* oven for 4 minutes or until hot.
- Combine cornmeal, flour, baking powder, soda, and salt in a large bowl; add 2 eggs and buttermilk, stirring well. Spoon into hot skillet, and bake at 425\* for 25–35 minutes or until browned. Cool; crumble cornbread into a large bowl.
- Add bread cubes and remaining ingredients, stirring well. Spoon into a lightly greased 13x9x2-inch baking dish, and bake at 325\* for 1 hour or until golden brown.

## Nutrition Facts



## Properties

Glycemic Index:52.02, Glycemic Load:21.07, Inflammation Score:-8, Nutrition Score:22.32782600237%

## Flavonoids

Apigenin: 8.35mg, Apigenin: 8.35mg, Apigenin: 8.35mg, Apigenin: 8.35mg Luteolin: 0.14mg, Luteolin: 0.14mg, Luteolin: 0.14mg, Luteolin: 0.14mg Isorhamnetin: 0.75mg, Isorhamnetin: 0.75mg, Isorhamnetin: 0.75mg, Isorhamnetin: 0.75mg Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg, Kaempferol: 0.17mg Myricetin: 0.56mg, Myricetin: 0.56mg, Myricetin: 0.56mg, Myricetin: 0.56mg Quercetin: 3.09mg, Quercetin: 3.09mg, Quercetin: 3.09mg, Quercetin: 3.09mg

## Nutrients (% of daily need)

Calories: 558.05kcal (27.9%), Fat: 27.59g (42.44%), Saturated Fat: 6.97g (43.54%), Carbohydrates: 39.29g (13.1%), Net Carbohydrates: 35.32g (12.84%), Sugar: 4.31g (4.79%), Cholesterol: 156.98mg (52.33%), Sodium: 1401.06mg (60.92%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 36.77g (73.54%), Vitamin K: 75.76µg (72.15%), Selenium: 40.54µg (57.92%), Phosphorus: 351.48mg (35.15%), Manganese: 0.63mg (31.3%), Zinc: 4.11mg (27.4%), Vitamin B3: 5.16mg (25.77%), Vitamin A: 1266.04IU (25.32%), Iron: 4.54mg (25.24%), Vitamin B2: 0.43mg (25.19%), Vitamin B12: 1.42µg (23.74%), Vitamin B6: 0.44mg (22.14%), Folate: 74.59µg (18.65%), Vitamin B1: 0.28mg (18.48%), Magnesium: 67.23mg (16.81%), Fiber: 3.97g (15.9%), Calcium: 157.07mg (15.71%), Potassium: 426.03mg (12.17%), Copper: 0.2mg (10.23%), Vitamin B5: 1mg (9.97%), Vitamin E: 1.38mg (9.22%), Vitamin C: 6.71mg (8.13%), Vitamin D: 1.04µg (6.95%)