



## Grapefruit Champagne Float



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



227 kcal

DESSERT

### Ingredients

- ☐ 3 tablespoons vodka (see note)
- ☐ 4 cups grapefruit juice fresh chilled
- ☐ 1 juice of lemon
- ☐ 1 juice of lime
- ☐ 1.5 teaspoons kosher salt
- ☐ 1 orange zest
- ☐ 0.3 cup pomegranate molasses for serving
- ☐ 1 bottle sparkling wine

☐ 1 cup sugar

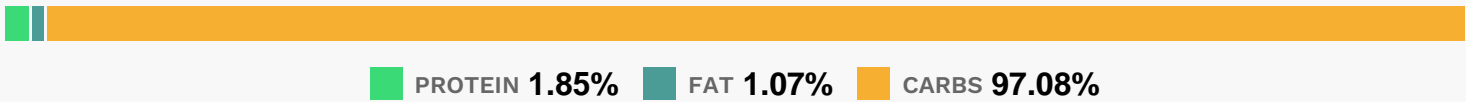
Equipment

- ☐ bowl
- ☐ whisk
- ☐ ice cream machine

Directions

- ☐ In a large bowl whisk together grapefruit juice, sugar, and gin until sugar dissolves.
- ☐ Stir in lime and orange zest.
- ☐ Add lime juice, lemon juice, and salt incrementally to taste. The sorbet should taste as tart as it is sweet. Chill well if grapefruits were not chilled already.
- ☐ Churn in an ice cream maker according to manufacturer's instructions, then chill for two to three hours in the freezer before serving.
- ☐ To serve individually, serve scoops in bowls or champagne flutes and top with two to three ounces champagne and about 1 teaspoon pomegranate molasses. Or serve sorbet in a large mass in a punch bowl, scooping off chunks as needed.

Nutrition Facts



Properties

Glycemic Index:16.64, Glycemic Load:23.68, Inflammation Score:-4, Nutrition Score:3.4604347767713%

Flavonoids

Eriodictyol: 0.27mg, Eriodictyol: 0.27mg, Eriodictyol: 0.27mg, Eriodictyol: 0.27mg Hesperetin: 0.88mg, Hesperetin: 0.88mg, Hesperetin: 0.88mg Hesperetin: 0.88mg Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg, Naringenin: 0.07mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 227.43kcal (11.37%), Fat: 0.21g (0.33%), Saturated Fat: 0g (0.01%), Carbohydrates: 43.36g (14.45%), Net Carbohydrates: 43.06g (15.66%), Sugar: 41.75g (46.39%), Cholesterol: 0mg (0%), Sodium: 445.41mg (19.37%), Alcohol: 7.88g (100%), Alcohol %: 3.84% (100%), Protein: 0.82g (1.65%), Vitamin C: 36.36mg (44.07%), Potassium: 285.74mg (8.16%), Magnesium: 22.04mg (5.51%), Iron: 0.88mg (4.9%), Phosphorus: 28.46mg (2.85%), Vitamin B3:

0.47mg (2.35%), Calcium: 21.56mg (2.16%), Zinc: 0.21mg (1.37%), Vitamin B5: 0.13mg (1.35%), Vitamin B6: 0.02mg (1.23%), Folate: 4.87µg (1.22%), Fiber: 0.3g (1.21%)