

Grapefruit Cosmo



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



165 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



0.5 cup grapefruit juice



1 teaspoon juice of lime



0.5 ounce triple sec



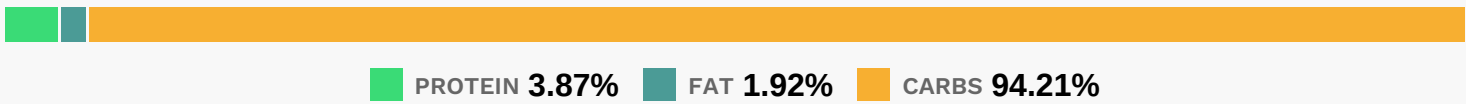
1 ounce vodka

Equipment

Directions

Add 1 teaspoon Campari to the shaker before straining.

Nutrition Facts



Properties

Glycemic Index:63, Glycemic Load:6.23, Inflammation Score:-3, Nutrition Score:2.6700000528894%

Flavonoids

Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg, Eriodictyol: 0.11mg Hesperetin: 0.45mg, Hesperetin: 0.45mg, Hesperetin: 0.45mg, Hesperetin: 0.45mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 164.68kcal (8.23%), Fat: 0.16g (0.25%), Saturated Fat: 0.02g (0.1%), Carbohydrates: 18.08g (6.03%), Net Carbohydrates: 17.95g (6.53%), Sugar: 17.63g (19.59%), Cholesterol: 0mg (0%), Sodium: 3.88mg (0.17%), Alcohol: 13.15g (100%), Alcohol %: 10.07% (100%), Caffeine: 3.69mg (1.23%), Protein: 0.74g (1.49%), Vitamin C: 33.24mg (40.29%), Potassium: 201.55mg (5.76%), Magnesium: 12.63mg (3.16%), Iron: 0.49mg (2.71%), Vitamin B3: 0.38mg (1.91%), Phosphorus: 15.95mg (1.59%), Vitamin B5: 0.12mg (1.24%), Calcium: 10.28mg (1.03%)