

Grapefruit Gimlet



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



2

CALORIES



146 kcal

BEVERAGE

DRINK

Ingredients



2 servings ice cubes



2 slices lime



0.3 cup juice of lime fresh



0.3 cup vodka



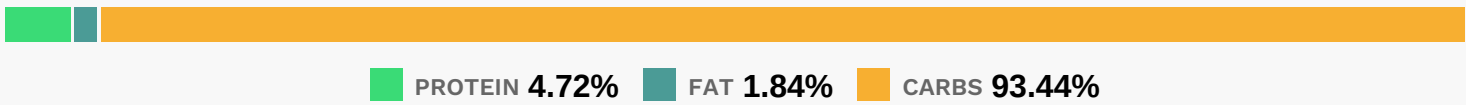
0.3 cup vodka red

Equipment

Directions

- ☐ Place first 4 ingredients in cocktailshaker; fill with ice. Cover andshake quickly and vigorouslyfor 8 seconds. Straininto 2 Martini glasses.
- ☐ Garnish with lime slices.
- ☐ To prepare the simple syrup
- ☐ Stir 2 tablespoons sugar and2 tablespoons water in smallsaucepan over low heat until sugardissolves. Bring to boil; cool.

Nutrition Facts



Properties

Glycemic Index:31, Glycemic Load:0.02, Inflammation Score:-3, Nutrition Score:0.92478262616888%

Flavonoids

Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg, Eriodictyol: 0.66mg Hesperetin: 3.14mg, Hesperetin: 3.14mg, Hesperetin: 3.14mg, Hesperetin: 3.14mg Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg, Naringenin: 0.15mg Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg, Quercetin: 0.16mg

Nutrients (% of daily need)

Calories: 146.46kcal (7.32%), Fat: 0.02g (0.04%), Saturated Fat: Og (0.02%), Carbohydrates: 2.65g (0.88%), Net Carbohydrates: 2.5g (0.91%), Sugar: 0.53g (0.59%), Cholesterol: 0mg (0%), Sodium: 4.03mg (0.17%), Alcohol: 20.04g (100%), Alcohol %: 17.25% (100%), Protein: 0.13g (0.27%), Vitamin C: 9.37mg (11.35%), Copper: 0.02mg (1.19%), Potassium: 37.01mg (1.06%)