



Grapefruit Margaritas



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



3

CALORIES



237 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.7 cup ruby grapefruit juice red
- ☐ 6 ounce limeade concentrate frozen
- ☐ 0.3 cup orange liqueur with triple sec)
- ☐ 0.7 cup tequila white

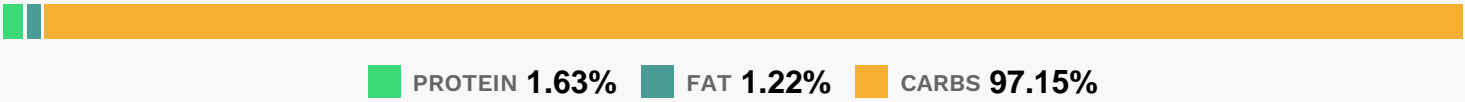
Equipment

- ☐ blender

Directions

- ☐ Combine all ingredients in an electric blender, adding ice to 3 1/2 cup level. Process just until ice is finely crushed.
- ☐ Pour into a pitcher and serve immediately, or cover and freeze.
- ☐ Note: For the freshest flavor, squeeze your own grapefruit juice. Try freezing juice in ice cube trays; add frozen cubes to blender.
- ☐ Make Ahead: If you want slushy margaritas for a crowd, make several batches in advance and freeze until ready to serve. There's no need to thaw them; just stir and serve.

Nutrition Facts



Properties

Glycemic Index:21, Glycemic Load:2.77, Inflammation Score:-3, Nutrition Score:1.4152173694709%

Nutrients (% of daily need)

Calories: 237.38kcal (11.87%), Fat: 0.11g (0.17%), Saturated Fat: 0.02g (0.13%), Carbohydrates: 19.97g (6.66%), Net Carbohydrates: 19.92g (7.24%), Sugar: 19.63g (21.81%), Cholesterol: 0mg (0%), Sodium: 4.86mg (0.21%), Alcohol: 22.93g (100%), Alcohol %: 15.95% (100%), Caffeine: 5.11mg (1.7%), Protein: 0.33g (0.67%), Vitamin C: 15.87mg (19.23%), Potassium: 97.6mg (2.79%), Magnesium: 6.97mg (1.74%), Copper: 0.03mg (1.41%), Iron: 0.24mg (1.35%)