



WHATSheATE



## Grapefruit Margaritas



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



8

CALORIES



294 kcal

BEVERAGE

DRINK

### Ingredients

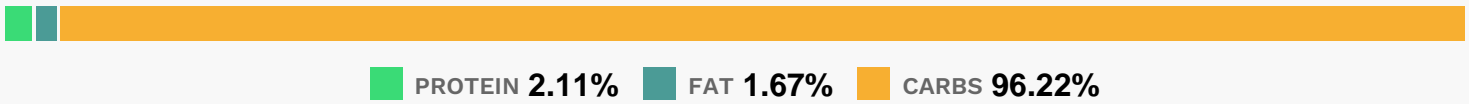
- ☐ 3 cups ruby grapefruit juice (fresh-squeezed or purchased)
- ☐ 0.3 cup sugar
- ☐ 2 cups tequila
- ☐ 1 cup triple sec orange-flavored

### Equipment

### Directions

- ☐ In a pitcher (at least 2-qt. capacity), combine 3 cups ruby grapefruit juice (fresh-squeezed or purchased), 2 cups tequila, and 1 cup triple sec or other orange-flavored liqueur. Chill until cold, at least 1 hour, or up to 1 day.
- ☐ Pour about 1/4 cup sugar on a rimmed plate.
- ☐ Cut a ruby grapefruit in half and rub rims of double old-fashioned glasses (8 oz.) with cut side of one half to moisten, then dip glass rims in sugar to coat. Fill glasses with ice cubes.
- ☐ Pour grapefruit margaritas over ice, taking care not to disturb sugared glass rims.

## Nutrition Facts



## Properties

Glycemic Index:16.64, Glycemic Load:9.04, Inflammation Score:-4, Nutrition Score:2.0526087215251%

## Nutrients (% of daily need)

Calories: 294.23kcal (14.71%), Fat: 0.2g (0.3%), Saturated Fat: 0.03g (0.2%), Carbohydrates: 25.55g (8.52%), Net Carbohydrates: 25.46g (9.26%), Sugar: 25.47g (28.3%), Cholesterol: 0mg (0%), Sodium: 4.79mg (0.21%), Alcohol: 27.71g (100%), Alcohol %: 19.06% (100%), Caffeine: 7.67mg (2.56%), Protein: 0.56g (1.12%), Vitamin C: 23.81mg (28.86%), Potassium: 153.54mg (4.39%), Magnesium: 9.73mg (2.43%), Iron: 0.4mg (2.22%), Vitamin B3: 0.32mg (1.58%), Phosphorus: 13.9mg (1.39%), Copper: 0.02mg (1.24%)