



Grapefruit Soju Cocktails



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



25 min.

SERVINGS



10

CALORIES



104 kcal

BEVERAGE

DRINK

Ingredients

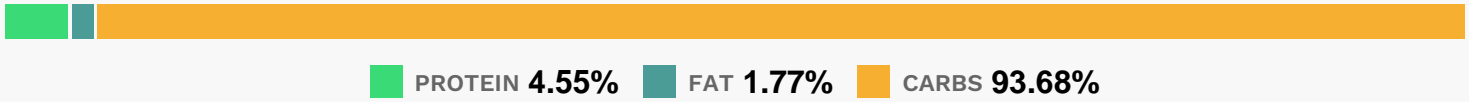
- ☐ 10 servings club soda chilled
- ☐ 1 tablespoon superfine granulated sugar to taste
- ☐ 1 quart strained pink grapefruit juice fresh chilled (from 8 large grapefruit)
- ☐ 1 cup soju chilled (sometimes called sochu)

Equipment

Directions

- ☐
- Stir 1 tablespoon sugar and 1/8 teaspoon salt into juice until dissolved. Stir in soju and add sugar to taste.
- ☐
- Pour over ice in tall 8- to 10-ounce glasses (about 1/2 cup grapefruit mixture per glass) and top with a splash of club soda.
- ☐
- Grapefruit mixture, without soju, can be made 4 hours ahead and chilled.
- ☐
- Add soju to mixture just before serving.

Nutrition Facts



Properties

Glycemic Index:13.31, Glycemic Load:5.83, Inflammation Score:-2, Nutrition Score:1.9991304399041%

Nutrients (% of daily need)

Calories: 103.59kcal (5.18%), Fat: 0.1g (0.15%), Saturated Fat: 0g (0%), Carbohydrates: 11.7g (3.9%), Net Carbohydrates: 11.61g (4.22%), Sugar: 11.61g (12.9%), Cholesterol: 0mg (0%), Sodium: 2.35mg (0.1%), Alcohol: 8.02g (100%), Alcohol %: 8.41% (100%), Protein: 0.57g (1.14%), Vitamin C: 25.46mg (30.86%), Potassium: 153.59mg (4.39%), Magnesium: 9.47mg (2.37%), Iron: 0.38mg (2.12%), Vitamin B3: 0.28mg (1.42%), Phosphorus: 11.61mg (1.16%)