

Grasshopper

 Gluten Free

READY IN



45 min.

SERVINGS



6

CALORIES



291 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 ounce bittersweet chocolate
- ☐ 2 teaspoons plus
- ☐ 0.8 cup clear crème de menthe
- ☐ 6 mint sprigs
- ☐ 0.8 cup vanilla-infused vodka
- ☐ 0.8 cup white-chocolate liqueur

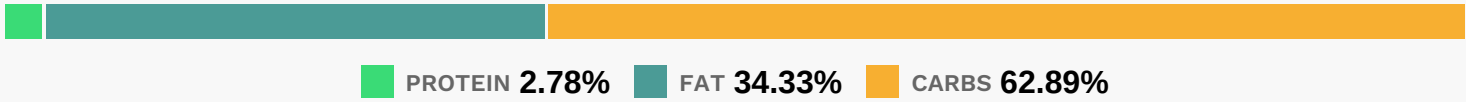
Equipment

- ☐ grater

Directions

- ☐ Using a superfine grater, grate bittersweet chocolate onto a saucer. Use a finger to rub 1/3 teaspoon corn syrup around rims of each of 6 glasses.
- ☐ Roll each rim in the grated chocolate and set aside.
- ☐ Pour crme de menthe, white-chocolate liqueur, and vanilla-infused vodka into a shaker filled with ice. Shake until well blended. Strain into glasses (be careful not to splash off the chocolate rims).
- ☐ Serve each cocktail with a sprig of mint.

Nutrition Facts



Properties

Glycemic Index:17.33, Glycemic Load:7.3, Inflammation Score:-2, Nutrition Score:1.5673913048661%

Flavonoids

Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg Hesperetin: 0.1mg, Hesperetin: 0.1mg, Hesperetin: 0.1mg, Hesperetin: 0.1mg Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg

Nutrients (% of daily need)

Calories: 291.49kcal (14.57%), Fat: 6.31g (9.7%), Saturated Fat: 3.73g (23.3%), Carbohydrates: 25.99g (8.66%), Net Carbohydrates: 25.69g (9.34%), Sugar: 25.43g (28.26%), Cholesterol: 3.61mg (1.2%), Sodium: 19.24mg (0.84%), Alcohol: 18.81g (100%), Alcohol %: 28.83% (100%), Protein: 1.15g (2.3%), Phosphorus: 37.41mg (3.74%), Calcium: 37.16mg (3.72%), Copper: 0.07mg (3.46%), Vitamin B2: 0.05mg (3.09%), Manganese: 0.06mg (2.81%), Potassium: 66.61mg (1.9%), Magnesium: 6.97mg (1.74%), Vitamin B12: 0.1µg (1.61%), Vitamin K: 1.67µg (1.59%), Selenium: 1.08µg (1.55%), Zinc: 0.22mg (1.48%), Iron: 0.26mg (1.46%), Fiber: 0.3g (1.21%), Vitamin E: 0.17mg (1.15%), Vitamin B5: 0.11mg (1.11%), Vitamin B1: 0.02mg (1.03%)