

Grasshopper Fudge Cake

READY IN SERVINGS

calories ô 364 kcal

DESSERT

15

Ingredients

115 min.

1 box cake mix white
2 teaspoons peppermint extract
12 drops drop natural food coloring green
32 oz topping hot
8 oz cool whip frozen thawed

5 drops food coloring yellow

1 serving crème de cassis liqueur rectangular cut into pieces, if desired thin

Equipment

П	bowl
	frying pan
	oven
	knife
	spatula
Diı	rections
	Heat oven to 350°F (325°F for dark or nonstick pan). Spray bottom only of 13x9-inch pan with baking spray with flour.
	Make cake batter as directed on box, adding 11/2 teaspoons of the mint extract with the water. Reserve 1 cup batter. Stir 3 drops of the green food color into reserved batter; set aside.
	Pour remaining batter into pan.
	Drop green batter by generous tablespoonfuls randomly in 12 to 14 mounds onto batter in pan.
	Cut through batters with metal spatula or knife in S-shaped curves in one continuous motion. Turn pan one-fourth turn; repeat cutting for swirled design.
	Bake as directed on box for 13x9-inch pan. Run knife around sides of pan to loosen cake. Cool completely, about 1 hour.
	Carefully spread fudge topping evenly over cake. In medium bowl, stir whipped topping, remaining 1/2 teaspoon mint extract, remaining 9 drops green food color and the yellow food color until blended.
	Spread whipped topping mixture evenly over fudge.
	Garnish with candy pieces. Store covered in refrigerator.
Nutrition Facts	
	PROTEIN 5.1% FAT 18.27% CARBS 76.63%

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:6.8530434823554%

Nutrients (% of daily need)

Calories: 364.2kcal (18.21%), Fat: 7.41g (11.4%), Saturated Fat: 3.51g (21.96%), Carbohydrates: 69.95g (23.32%), Net Carbohydrates: 67.82g (24.66%), Sugar: 38.06g (42.29%), Cholesterol: 3.02mg (1.01%), Sodium: 459.05mg (19.96%), Alcohol: 0.2g (100%), Alcohol %: 0.23% (100%), Caffeine: 4.23mg (1.41%), Protein: 4.66g (9.31%), Phosphorus: 185.13mg (18.51%), Manganese: 0.3mg (14.81%), Vitamin B2: 0.22mg (13.17%), Vitamin E: 1.9mg (12.69%), Calcium: 121.5mg (12.15%), Copper: 0.24mg (12.08%), Fiber: 2.13g (8.53%), Magnesium: 34.09mg (8.52%), Iron: 1.46mg (8.13%), Vitamin B1: 0.12mg (7.85%), Folate: 29.12µg (7.28%), Selenium: 4.81µg (6.87%), Potassium: 210.25mg (6.01%), Vitamin B3: 1.03mg (5.15%), Zinc: 0.71mg (4.72%), Vitamin B12: 0.26µg (4.33%), Vitamin K: 2.49µg (2.37%), Vitamin B6: 0.04mg (2.02%), Vitamin B5: 0.17mg (1.73%)