



## Grasshopper Pie

READY IN



135 min.

SERVINGS



15

CALORIES



150 kcal

### Ingredients

- 3.4 oz jell-o pistachio flavor pudding instant
- 1.5 cups milk cold
- 6 oreo cool mint creme cookies chopped
- 6 oz oreo pie crust
- 1 oz baker's semi-sweet chocolate melted
- 2 cups cool whip whipped topping divided thawed

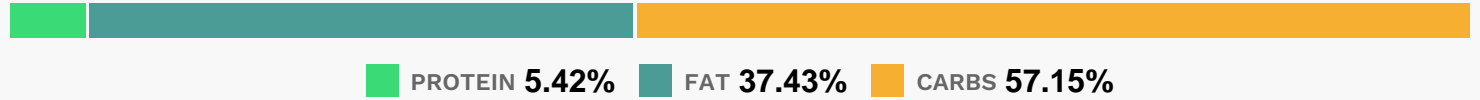
### Equipment

- bowl
- whisk

## Directions

- Beat pudding mix and milk in large bowl with whisk 2 min. Stir in 1-1/2 cups COOL WHIP and chopped cookies. Spoon into crust.
- Cover with remaining COOL WHIP; drizzle with melted chocolate.
- Refrigerate 2 hours or until firm.

## Nutrition Facts



## Properties

Glycemic Index:2.53, Glycemic Load:0.43, Inflammation Score:-1, Nutrition Score:2.6039130376733%

## Nutrients (% of daily need)

Calories: 150.05kcal (7.5%), Fat: 6.27g (9.65%), Saturated Fat: 2.87g (17.91%), Carbohydrates: 21.54g (7.18%), Net Carbohydrates: 21.05g (7.65%), Sugar: 15.41g (17.12%), Cholesterol: 3.24mg (1.08%), Sodium: 185.37mg (8.06%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.04g (4.09%), Phosphorus: 102.37mg (10.24%), Iron: 1.04mg (5.79%), Vitamin B2: 0.08mg (4.64%), Calcium: 40.06mg (4.01%), Vitamin B1: 0.06mg (3.92%), Magnesium: 12.56mg (3.14%), Manganese: 0.06mg (2.93%), Folate: 11.17µg (2.79%), Vitamin B12: 0.16µg (2.61%), Potassium: 83.37mg (2.38%), Copper: 0.05mg (2.34%), Vitamin B3: 0.45mg (2.27%), Fiber: 0.49g (1.98%), Vitamin D: 0.27µg (1.79%), Vitamin K: 1.85µg (1.76%), Selenium: 1.16µg (1.65%), Zinc: 0.2mg (1.33%), Vitamin E: 0.19mg (1.29%), Vitamin B5: 0.11mg (1.13%)