

Gravedigger Martini

 Gluten Free

READY IN



45 min.

SERVINGS



4

CALORIES



205 kcal

BEVERAGE

DRINK

Ingredients

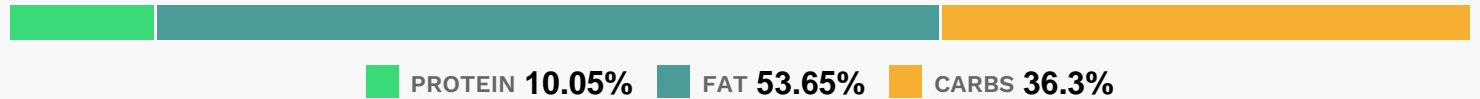
- 0.8 cup hard-shell chocolate ice cream coating
- 1 cup chocolate milk
- 0.8 cup half-and-half
- 2 cups ice cubes
- 0.3 cup optional: vodka
- 4 servings garnishes: whipped cream

Equipment

Directions

- Pour chocolate coating into a saucer. Dip the rims of 4 to 6 chilled martini glasses in coating; chill until set. In a pitcher, combine liqueur or milk, half-and-half and vodka, if using; set aside. Working in batches, fill a martini shaker with ice cubes, adding liqueur mixture and shake. Strain into prepared glasses.
- Garnish as desired.

Nutrition Facts



Properties

Glycemic Index:25, Glycemic Load:5.42, Inflammation Score:-3, Nutrition Score:5.0621739081714%

Nutrients (% of daily need)

Calories: 205.22kcal (10.26%), Fat: 10.44g (16.07%), Saturated Fat: 6.41g (40.04%), Carbohydrates: 15.89g (5.3%), Net Carbohydrates: 15.02g (5.46%), Sugar: 14.49g (16.1%), Cholesterol: 31.86mg (10.62%), Sodium: 90.15mg (3.92%), Alcohol: 5.01g (100%), Alcohol %: 2.38% (100%), Protein: 4.4g (8.81%), Calcium: 149.7mg (14.97%), Vitamin B2: 0.24mg (14.05%), Phosphorus: 136.06mg (13.61%), Potassium: 231.72mg (6.62%), Vitamin A: 325.34IU (6.51%), Vitamin B12: 0.37µg (6.1%), Vitamin D: 0.86µg (5.75%), Magnesium: 22.78mg (5.7%), Copper: 0.11mg (5.55%), Manganese: 0.1mg (4.82%), Selenium: 3.34µg (4.77%), Vitamin B5: 0.46mg (4.56%), Zinc: 0.62mg (4.1%), Fiber: 0.88g (3.51%), Vitamin B1: 0.05mg (3.21%), Vitamin B6: 0.06mg (3.08%), Iron: 0.47mg (2.6%), Folate: 8.45µg (2.11%), Vitamin E: 0.24mg (1.58%), Vitamin C: 1.14mg (1.39%)