

Green Gloves from Mayahuel



Gluten Free



Dairy Free



Low Fod Map

READY IN



21 min.

SERVINGS



1

CALORIES



1138 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.3 ounce chartreuse green
- ☐ 2 jalapeno sliced in half
- ☐ 0.5 ounce pepperoncini pepper juice (from 1 stalk celery)
- ☐ 0.8 ounce juice of lime freshly squeezed
- ☐ 1 inch salt smoked (see note above)
- ☐ 0.5 ounce simple syrup glaze
- ☐ 1.5 ounces tequila
- ☐ 8.5 ounces tequila such as pueblo viejo blanco

- ☐ 0.5 cup sugar raw
- ☐ 0.3 cup water boiling

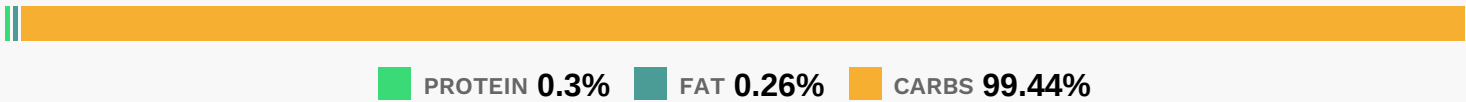
Equipment

- ☐ canning jar

Directions

- ☐ For the jalapeño–infused tequila: Scrape membranes and seeds from jalapeño peppers, discarding green exterior.
- ☐ Add seeds and membranes to a large mason jar and top with tequila.
- ☐ Let tequila infuse for 9 minutes, then taste for spice level and let steep up to 6 minutes more. Steeping time will depend on the heat of your peppers. Strain to remove pepper seeds and membranes and reseal.
- ☐ Mix hot water into sugar and stir until sugar dissolves.
- ☐ Let cool before using.
- ☐ Combine spicy tequila, cane syrup, celery juice and lime juice in a cocktail shaker. Fill shaker with ice and shake until well chilled, about 15 seconds. Strain into coupe glass and serve with a pinch of smoked salt on top.

Nutrition Facts



Properties

Glycemic Index:102.75, Glycemic Load:0.97, Inflammation Score:-8, Nutrition Score:5.2417391162852%

Flavonoids

Catechin: 0.18mg, Catechin: 0.18mg, Catechin: 0.18mg, Catechin: 0.18mg Epicatechin: 0.67mg, Epicatechin: 0.67mg, Epicatechin: 0.67mg, Epicatechin: 0.67mg Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg, Eriodictyol: 0.47mg Hesperetin: 1.91mg, Hesperetin: 1.91mg, Hesperetin: 1.91mg, Hesperetin: 1.91mg Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg, Naringenin: 0.08mg Luteolin: 0.38mg, Luteolin: 0.38mg, Luteolin: 0.38mg, Luteolin: 0.38mg Quercetin: 1.61mg, Quercetin: 1.61mg, Quercetin: 1.61mg, Quercetin: 1.61mg

Nutrients (% of daily need)

Calories: 1137.71kcal (56.89%), Fat: 0.14g (0.21%), Saturated Fat: 0.03g (0.19%), Carbohydrates: 118.13g (39.38%), Net Carbohydrates: 117.23g (42.63%), Sugar: 115.17g (127.96%), Cholesterol: 0mg (0%), Sodium: 57.6mg (2.5%), Alcohol: 98.59g (100%), Alcohol %: 23.69% (100%), Protein: 0.36g (0.72%), Vitamin C: 39.71mg (48.14%), Vitamin E: 1.05mg (7%), Manganese: 0.14mg (6.93%), Vitamin B6: 0.13mg (6.54%), Vitamin A: 312.61IU (6.25%), Iron: 1.1mg (6.11%), Copper: 0.1mg (5.06%), Vitamin K: 5.31µg (5.05%), Potassium: 152.24mg (4.35%), Vitamin B1: 0.05mg (3.66%), Fiber: 0.9g (3.59%), Magnesium: 10.62mg (2.65%), Vitamin B2: 0.05mg (2.65%), Phosphorus: 24.72mg (2.47%), Folate: 9.69µg (2.42%), Calcium: 23.11mg (2.31%), Vitamin B3: 0.45mg (2.25%), Zinc: 0.24mg (1.57%), Vitamin B5: 0.12mg (1.21%)