



## Green Monster Cupcakes

 Dairy Free

READY IN



35 min.

SERVINGS



35

CALORIES



72 kcal

DESSERT

### Ingredients

- 8 drops food coloring green
- 72 gourmet jelly beans
- 1 piece string licorice black (4 feet)
- 2 cups cool whip whipped topping thawed
- 1 pkg duncan hines classic decadent cake mix yellow (2-layer size)

### Equipment

- ziploc bags

## Directions

- Prepare cake mix as directed on package for cupcakes; cool completely.
- Stir green food coloring into whipped topping. Spoon into large resealable plastic bag.
- Cut a small zigzag hole in one bottom corner of the bag.
- Squeeze long lines of whipped topping on tops of the cupcakes. Use 1-inch pieces of licorice for each antenna, and jelly beans for eyes and mouth.

## Nutrition Facts



## Properties

Glycemic Index:1.31, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.1752173818%

## Nutrients (% of daily need)

Calories: 71.72kcal (3.59%), Fat: 0.97g (1.5%), Saturated Fat: 0.72g (4.52%), Carbohydrates: 15.12g (5.04%), Net Carbohydrates: 14.94g (5.43%), Sugar: 8.85g (9.83%), Cholesterol: 0.09mg (0.03%), Sodium: 111.66mg (4.85%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.68g (1.36%), Phosphorus: 49.1mg (4.91%), Calcium: 34.33mg (3.43%), Folate: 10.23µg (2.56%), Vitamin B1: 0.04mg (2.35%), Vitamin B2: 0.04mg (2.26%), Iron: 0.32mg (1.75%), Vitamin B3: 0.35mg (1.74%), Manganese: 0.03mg (1.46%), Vitamin E: 0.16mg (1.05%)