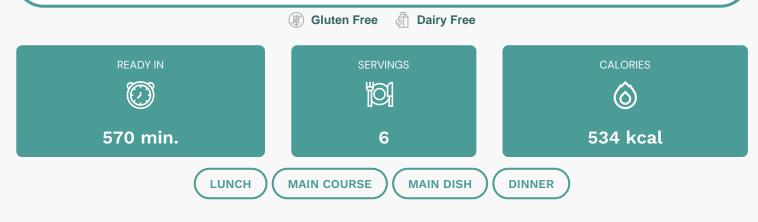


## **Grilled Country-Style Pork Ribs**



## **Ingredients**

O.5 teaspoon garlic powder
2 teaspoons ancho chili powder
2 teaspoons chipotle chili powder
0.5 teaspoon ground cumin
2 tablespoons kosher salt
2 tablespoons brown sugar light packed
O.5 teaspoon onion powder
3.5 pounds pork ribs country-style



## **Nutrients** (% of daily need)

Calories: 534.O3kcal (26.7%), Fat: 43.57g (67.03%), Saturated Fat: 13.98g (87.38%), Carbohydrates: 4.97g (1.66%), Net Carbohydrates: 4.44g (1.62%), Sugar: 4g (4.44%), Cholesterol: 148.17mg (49.39%), Sodium: 2499.04mg (108.65%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 28.93g (57.85%), Selenium: 41.17µg (58.81%), Vitamin B6: 1.1mg (54.94%), Vitamin B3: 8.8mg (44.02%), Vitamin B1: 0.6mg (39.8%), Zinc: 4.72mg (31.45%), Vitamin D: 4.26µg (28.4%), Vitamin B2: 0.48mg (28.14%), Phosphorus: 267.72mg (26.77%), Potassium: 487.63mg (13.93%), Vitamin B5: 1.18mg (11.78%), Vitamin B12: 0.7µg (11.73%), Iron: 2.1mg (11.64%), Copper: 0.17mg (8.45%), Magnesium: 33.03mg (8.26%), Vitamin E: 1.2mg (8.01%), Vitamin A: 397.45IU (7.95%), Calcium: 39.33mg (3.93%), Manganese: 0.06mg (3%), Fiber: 0.53g (2.12%), Vitamin K: 1.43µg (1.36%)