



Grilled Firecracker Potato Salad

 Vegetarian  Gluten Free  Dairy Free

READY IN



40 min.

SERVINGS



16

CALORIES



254 kcal

SIDE DISH

Ingredients

- 3 pounds potatoes – remove skin red quartered (30)
- 2 tablespoons olive oil
- 1 teaspoon salt
- 0.5 teaspoon pepper
- 1.5 cups mayonnaise
- 0.5 cup onion finely chopped
- 0.3 cup dijon mustard
- 2 tablespoons pickle relish sweet

- 0.5 teaspoon paprika
- 0.3 teaspoon ground pepper
- 6 large hardboiled eggs chopped
- 2 rib celery stalks finely chopped
- 1 serving chives fresh minced

Equipment

- bowl
- grill
- wok

Directions

- Toss potatoes with oil, salt and pepper; place in a grill wok or basket. Grill, covered, over medium heat 20–25 minutes or until potatoes are tender, stirring occasionally.
- Transfer potatoes to a large bowl; cool slightly.
- In a small bowl, mix dressing ingredients.
- Add dressing, eggs and celery to potatoes; toss to combine. Refrigerate, covered, 1–2 hours or until cold. If desired, sprinkle with chives.

Nutrition Facts

 **PROTEIN 6.89%**  **FAT 69.26%**  **CARBS 23.85%**

Properties

Glycemic Index:16.56, Glycemic Load:0.19, Inflammation Score:-3, Nutrition Score:7.7682608936144%

Flavonoids

Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg, Apigenin: 0.01mg Isorhamnetin: 0.25mg, Isorhamnetin: 0.25mg, Isorhamnetin: 0.25mg, Isorhamnetin: 0.25mg Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg, Kaempferol: 0.04mg Quercetin: 1.57mg, Quercetin: 1.57mg, Quercetin: 1.57mg, Quercetin: 1.57mg

Nutrients (% of daily need)

Calories: 254.15kcal (12.71%), Fat: 19.73g (30.35%), Saturated Fat: 3.36g (20.98%), Carbohydrates: 15.28g (5.09%), Net Carbohydrates: 13.51g (4.91%), Sugar: 2.25g (2.5%), Cholesterol: 78.76mg (26.25%), Sodium: 375.66mg

(16.33%), Alcohol: Og (100%), Protein: 4.42g (8.83%), Vitamin K: 39.8µg (37.91%), Potassium: 431.84mg (12.34%), Selenium: 8.04µg (11.49%), Phosphorus: 94.91mg (9.49%), Vitamin C: 7.78mg (9.43%), Vitamin B6: 0.18mg (9.02%), Vitamin E: 1.2mg (7.98%), Manganese: 0.16mg (7.98%), Vitamin B2: 0.13mg (7.79%), Fiber: 1.77g (7.07%), Folate: 26.03µg (6.51%), Copper: 0.13mg (6.42%), Vitamin B1: 0.09mg (6.23%), Magnesium: 23.57mg (5.89%), Iron: 1.01mg (5.62%), Vitamin B5: 0.56mg (5.56%), Vitamin B3: 1.03mg (5.16%), Vitamin B12: 0.23µg (3.89%), Vitamin A: 190.21IU (3.8%), Zinc: 0.55mg (3.67%), Vitamin D: 0.45µg (3.03%), Calcium: 23.9mg (2.39%)