



## Grilled Garlic-Potato Salad

 Vegetarian  Gluten Free  Dairy Free

READY IN



220 min.

SERVINGS



40

CALORIES



48 kcal

SIDE DISH

### Ingredients

- 2 stalks celery chopped
- 4 large cloves garlic unpeeled
- 0.5 cup 1/2 cup kraft zesty italian dressing italian divided kraft
- 0.8 cup real mayo mayonnaise kraft
- 2 tsp heinz mustard yellow
- 1.5 lb potatoes red cut in half ( 12)
- 0.3 cup water

### Equipment

- bowl
- grill
- aluminum foil
- microwave
- skewers

## Directions

- Heat grill to medium-high heat.
- Place potatoes and water in 2-qt. microwaveable casserole; cover with lid. Microwave on HIGH 8 min., rotating dish after 4 min. Meanwhile, cut thin slice off top of each garlic clove, leaving papery skin on cloves; discard tops. (Do not cut root ends.)
- Place garlic on sheet of foil; drizzle with 1 Tbsp. dressing. Wrap garlic in foil.
- Drain potatoes; thread onto skewers.
- Brush with some of the remaining dressing. Grill potatoes and garlic 10 to 15 min. or until potatoes are tender, turning potatoes frequently and brushing with remaining dressing.
- Remove potatoes and garlic from grill; cool.
- Remove garlic pulp from skins. (See Tip.)
- Mix garlic with mayo and mustard in large bowl.
- Add potatoes and celery to mustard mixture; mix lightly. Refrigerate several hours or until chilled.

## Nutrition Facts

**PROTEIN 3.42%** **FAT 69.94%** **CARBS 26.64%**

## Properties

Glycemic Index:3.6, Glycemic Load:0.05, Inflammation Score:-1, Nutrition Score:1.323478254773%

## Flavonoids

Apigenin: 0.06mg, Apigenin: 0.06mg, Apigenin: 0.06mg, Apigenin: 0.06mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg, Quercetin: 0.12mg

## Nutrients (% of daily need)

Calories: 48.4kcal (2.42%), Fat: 3.8g (5.84%), Saturated Fat: 0.59g (3.66%), Carbohydrates: 3.26g (1.09%), Net Carbohydrates: 2.92g (1.06%), Sugar: 0.59g (0.66%), Cholesterol: 1.76mg (0.59%), Sodium: 63.4mg (2.76%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.42g (0.83%), Vitamin K: 9.58µg (9.12%), Potassium: 87.48mg (2.5%), Vitamin C: 1.63mg (1.98%), Vitamin B6: 0.04mg (1.83%), Manganese: 0.03mg (1.67%), Vitamin E: 0.21mg (1.4%), Fiber: 0.34g (1.35%), Copper: 0.03mg (1.31%), Phosphorus: 12.91mg (1.29%), Vitamin B1: 0.02mg (1.09%), Magnesium: 4.37mg (1.09%), Vitamin B3: 0.21mg (1.05%)