

Halloween Cookies

Vegetarian







DESSERT

Ingredients

0.5 teaspoon baking soda
1 cup brown sugar packed
0.5 cup butter
1 eggs
1.5 cups flour all-purpose sifted
0.5 cup peanut butter

0.5 teaspoon salt

1 teaspoon vanilla extract

Equipment		
	bowl	
	baking sheet	
	oven	
	wax paper	
Directions		
	Sift flour with soda and salt.	
	In a separate bowl, cream margarine, peanut butter and sugar until light and fluffy. Beat in egg and vanilla.	
	Fold in flour mixture until just blended. Shape into rolls about 3 inches in diameter. Wrap in wax paper and chill in refrigerator overnight or until firm.	
	Slice rolls 1/8" thick. Make Halloween faces using peanuts, raisins, chocolate or butterscotch chips, or red candies for eyes, nose and mouth. Use colored coconut or chocolate sprinkles for hair.	
	Bake on an ungreased cookie sheet at 375 degrees F for about 12 minutes.	
Nutrition Facts		
	PROTEIN 6.79% FAT 45.4% CARBS 47.81%	

Properties

Glycemic Index:2.9, Glycemic Load:2.22, Inflammation Score:-1, Nutrition Score:1.2926086890309%

Nutrients (% of daily need)

Calories: 66.18kcal (3.31%), Fat: 3.42g (5.26%), Saturated Fat: 1.52g (9.51%), Carbohydrates: 8.1g (2.7%), Net Carbohydrates: 7.86g (2.86%), Sugar: 4.75g (5.28%), Cholesterol: 8.49mg (2.83%), Sodium: 65.03mg (2.83%), Alcohol: 0.03g (100%), Alcohol %: 0.25% (100%), Protein: 1.15g (2.3%), Manganese: 0.07mg (3.47%), Vitamin B3: 0.6mg (2.98%), Selenium: 1.79µg (2.56%), Folate: 10.01µg (2.5%), Vitamin B1: 0.03mg (2.32%), Vitamin E: 0.31mg (2.08%), Vitamin B2: 0.03mg (1.74%), Phosphorus: 15.9mg (1.59%), Iron: 0.28mg (1.54%), Magnesium: 5.98mg (1.5%), Vitamin A: 64.04IU (1.28%)