



Halloween Margaritas



Gluten Free



Dairy Free



Low Fod Map

READY IN



10 min.

SERVINGS



5

CALORIES



303 kcal

BEVERAGE

DRINK

Ingredients

- 1 cup tequila
- 0.5 cup pear liqueur orange-flavored
- 0.5 cup juice of lime fresh
- 0.5 cup simple syrup glaze
- 2 drops drop natural food coloring green
- 2 drops food coloring yellow
- 4.5 cups ice cubes
- 2 teaspoons simple syrup glaze

- 1 serving coarse salt black
- 1 slices cranberry–orange relish

Equipment

- blender

Directions

- In blender, place tequila, liqueur, lime juice, 1/2 cup simple syrup, the green food color, yellow food color and ice cubes. Cover; blend on high speed until smooth.
- Place 2 teaspoons simple syrup on small flat plate.
- Place coarse sugar on another small flat plate. Dip rims of 5 margarita glasses in simple syrup and then in coarse sugar. Divide margarita mixture evenly among sugar-rimmed glasses.
- Garnish with orange slices.
- Serve immediately.

Nutrition Facts

PROTEIN 0.33% **FAT 0.12%** **CARBS 99.55%**

Properties

Glycemic Index:11.5, Glycemic Load:0.11, Inflammation Score:-3, Nutrition Score:1.6747826072185%

Flavonoids

Eriodictyol: 0.53mg, Eriodictyol: 0.53mg, Eriodictyol: 0.53mg, Eriodictyol: 0.53mg Hesperetin: 2.93mg, Hesperetin: 2.93mg, Hesperetin: 2.93mg, Hesperetin: 2.93mg Naringenin: 0.52mg, Naringenin: 0.52mg, Naringenin: 0.52mg, Naringenin: 0.52mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Quercetin: 0.14mg, Quercetin: 0.14mg, Quercetin: 0.14mg

Nutrients (% of daily need)

Calories: 303.46kcal (15.17%), Fat: 0.02g (0.03%), Saturated Fat: 0g (0.01%), Carbohydrates: 38.36g (12.79%), Net Carbohydrates: 38.2g (13.89%), Sugar: 36.6g (40.66%), Cholesterol: 0mg (0%), Sodium: 71.54mg (3.11%), Alcohol: 25.58g (100%), Alcohol %: 9.31% (100%), Protein: 0.13g (0.26%), Vitamin C: 8.75mg (10.61%), Iron: 1.36mg (7.55%), Vitamin B1: 0.06mg (3.92%), Copper: 0.06mg (2.96%), Magnesium: 8mg (2%), Vitamin B2: 0.03mg (1.68%), Potassium: 57.35mg (1.64%), Calcium: 15.66mg (1.57%)