

Halloween Monster Cake

airy Free







DESSERT

Ingredients

1 box chocolate cake mix	
16 oz fluffy frosting white	
1 serving purple gel food coloring	black
1 serving purple gel food coloring	greer
4.3 oz chocolate icing black	
9	

2 pieces licorice rounds black (5 to 6 inch)

Equipment

bowl

	frying pan	
	baking sheet	
	oven	
	knife	
	wire rack	
	aluminum foil	
Directions		
	Heat oven to 350°F (325°F for dark or nonstick pan). Make and bake cake as directed on box for 13x9-inch pan. Cool 10 minutes. Run knife around sides of pan to loosen cake; remove from pan to cooling rack. Cool completely, about 1 hour.	
	Place cake, bottom side up, on large platter or foil-covered cookie sheet.	
	Remove 2 tablespoons of white frosting from container; set aside.	
	Remove one-third of the frosting (about 1/2 cup) to small bowl. Tint black; set aside. Tint remaining frosting neon green. Frost sides and top of cake with neon green frosting.	
	Using picture as a guide, use decorating icing with a round tip to outline hair.	
	Add licorice pieces for eyebrows. Use reserved white frosting to form eyes. Use icing to outline remaining facial features.	
	Spread black frosting within the outlines to fill in the hair. Store loosely covered.	
Nutrition Facts		
PROTEIN 2.34% FAT 33.02% CARBS 64.64%		

Properties

Glycemic Index:7.17, Glycemic Load:13.97, Inflammation Score:-1, Nutrition Score:4.3260869754721%

Nutrients (% of daily need)

Calories: 354.61kcal (17.73%), Fat: 13.37g (20.57%), Saturated Fat: 2.6g (16.22%), Carbohydrates: 58.89g (19.63%), Net Carbohydrates: 58.03g (21.1%), Sugar: 44.04g (48.94%), Cholesterol: Omg (0%), Sodium: 385.8mg (16.77%), Alcohol: Og (100%), Alcohol %: 0% (100%), Caffeine: 3.96mg (1.32%), Protein: 2.13g (4.26%), Vitamin B2: 0.2mg (11.89%), Phosphorus: 105.81mg (10.58%), Iron: 1.7mg (9.43%), Vitamin E: 1.13mg (7.54%), Vitamin K: 7.59µg (7.23%), Copper: 0.14mg (7.2%), Folate: 26.15µg (6.54%), Selenium: 4.51µg (6.45%), Calcium: 55.44mg (5.54%), Vitamin B1:

0.07mg (4.4%), Magnesium: 17.4mg (4.35%), Manganese: 0.08mg (4.01%), Potassium: 135.07mg (3.86%), Fiber: 0.86g (3.46%), Vitamin B3: 0.68mg (3.41%), Zinc: 0.32mg (2.14%)