



Hannah's Oatmeal Cookies

READY IN



45 min.

SERVINGS



24

CALORIES



261 kcal

DESSERT

Ingredients

- ☐ 1 teaspoon baking soda
- ☐ 1 cup brown sugar packed
- ☐ 1 cup butter softened
- ☐ 1.5 cups chocolate-covered peanuts
- ☐ 1.5 teaspoon cinnamon
- ☐ 2 eggs
- ☐ 2 cups flour all-purpose
- ☐ 1 teaspoon pecans
- ☐ 3 cups oats uncooked

- ☐ 1 teaspoon salt
- ☐ 1 cup sugar

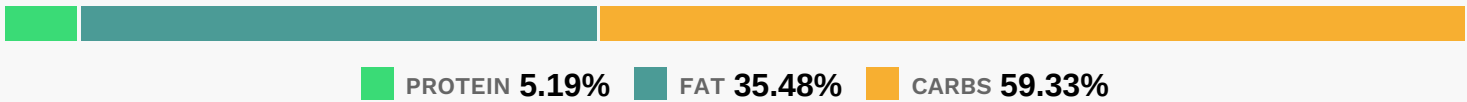
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ oven
- ☐ wire rack

Directions

- ☐ Blend together butter and sugars. Beat in eggs, one at a time; stir in extract. In a separate bowl, combine flour, baking soda, salt and cinnamon; stir flour mixture into butter mixture.
- ☐ Mix in oats; fold in raisins. Form dough into walnut-size balls; place 2 inches apart on ungreased baking sheets.
- ☐ Bake at 375 degrees for 8 to 10 minutes. Allow cookies to cool on baking sheets for 5 minutes; transfer to a wire rack to cool completely.

Nutrition Facts



Properties

Glycemic Index:11.46, Glycemic Load:15.45, Inflammation Score:-3, Nutrition Score:5.6626087287846%

Flavonoids

Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg, Epigallocatechin: 0.01mg

Nutrients (% of daily need)

Calories: 260.83kcal (13.04%), Fat: 10.63g (16.36%), Saturated Fat: 6.27g (39.22%), Carbohydrates: 40g (13.33%), Net Carbohydrates: 38.34g (13.94%), Sugar: 24.41g (27.12%), Cholesterol: 34.31mg (11.44%), Sodium: 215.74mg (9.38%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 3.5g (7%), Manganese: 0.58mg (29.2%), Selenium: 8.66µg (12.37%), Vitamin B1: 0.15mg (9.93%), Magnesium: 36.45mg (9.11%), Phosphorus: 84.19mg (8.42%), Iron: 1.3mg (7.2%), Fiber: 1.67g (6.66%), Folate: 25.35µg (6.34%), Vitamin B2: 0.1mg (6.09%), Vitamin A: 266.86IU (5.34%),

Copper: 0.1mg (5.22%), Zinc: 0.61mg (4.05%), Vitamin B3: 0.76mg (3.82%), Potassium: 126.18mg (3.61%), Calcium: 29.45mg (2.94%), Vitamin E: 0.37mg (2.49%), Vitamin B5: 0.23mg (2.28%), Vitamin B6: 0.03mg (1.69%), Vitamin B12: 0.09µg (1.51%), Vitamin K: 1.51µg (1.44%)