



Harvest Margarita



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



75 min.

SERVINGS



1

CALORIES



953 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 3 dashes angostura bitters
- ☐ 3 cinnamon sticks
- ☐ 1 inch ginger fresh peeled coarsely chopped
- ☐ 1 serving ice cubes
- ☐ 0.5 ounce juice of lime freshly squeezed
- ☐ 1 serving lime wedges for garnish
- ☐ 1 cup sugar
- ☐ 2 ounces tequila such as patron reposado tequila

☐ 8 allspice whole

Equipment

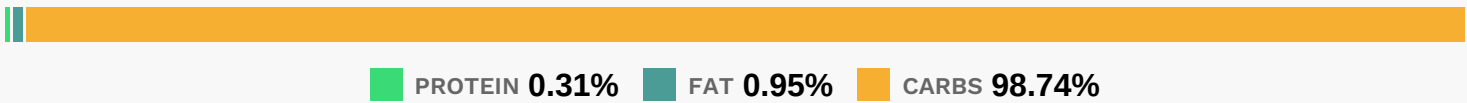
☐ bowl

☐ sauce pan

Directions

- ☐ Combine the tequila, simple syrup, lime juice, bitters and ice in a cocktail shaker and shake for 10 seconds.
- ☐ Serve straight up or on the rocks with a lime wedge for garnish.
- ☐ Combine the sugar, 1 cup water, allspice, cloves, cinnamon and ginger in a small saucepan. Bring to a boil and cook until the sugar is completely melted.
- ☐ Remove from the heat and let steep for 1 hour. Strain into a small bowl, cover and refrigerate until cold.

Nutrition Facts



Properties

Glycemic Index:152.09, Glycemic Load:140.02, Inflammation Score:-2, Nutrition Score:7.5704348424207%

Flavonoids

Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg Hesperetin: 1.7mg, Hesperetin: 1.7mg, Hesperetin: 1.7mg, Hesperetin: 1.7mg Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg, Naringenin: 0.09mg Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg, Quercetin: 0.08mg

Nutrients (% of daily need)

Calories: 952.74kcal (47.64%), Fat: 0.9g (1.39%), Saturated Fat: 0.07g (0.45%), Carbohydrates: 212.16g (70.72%), Net Carbohydrates: 206.19g (74.98%), Sugar: 200.59g (222.88%), Cholesterol: 0mg (0%), Sodium: 8.25mg (0.36%), Alcohol: 20.29g (100%), Alcohol %: 7.36% (100%), Protein: 0.66g (1.32%), Manganese: 1.89mg (94.72%), Fiber: 5.97g (23.89%), Calcium: 117.61mg (11.76%), Vitamin C: 5.61mg (6.8%), Iron: 1.11mg (6.19%), Copper: 0.1mg (4.76%), Vitamin K: 3.37µg (3.21%), Magnesium: 12.14mg (3.04%), Potassium: 105.4mg (3.01%), Vitamin B2: 0.05mg (2.93%), Selenium: 1.61µg (2.31%), Vitamin E: 0.3mg (1.97%), Zinc: 0.28mg (1.9%), Vitamin B6: 0.04mg (1.79%), Phosphorus: 14.44mg (1.44%), Vitamin B3: 0.24mg (1.22%)