

Harvest Wallbanger



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



884 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 1 bosc pear cored chopped
- ☐ 0.5 ounce galliano
- ☐ 1 ounce grapefruit juice freshly squeezed
- ☐ 1 serving ice cubes
- ☐ 0.8 ounce pears
- ☐ 1 piece pears
- ☐ 750 mL mirin

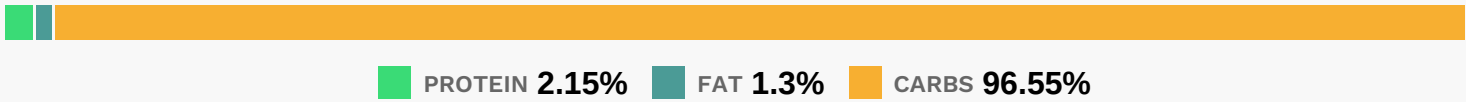
Equipment

sauce pan

Directions

- Place pear and riesling in a saucepan over medium heat. Bring to a boil then reduce heat to low. Cook until mixture is reduced into a syrup.
- Let cool, then double strain.
- Add pear slice to cocktail shaker and muddle.
- Add pisco, grapefruit juice, riesling and pear reduction, and Galliano. Fill shaker with ice. Shake and strain into a coupe glass.

Nutrition Facts



Properties

Glycemic Index:158.25, Glycemic Load:18.27, Inflammation Score:-9, Nutrition Score:8.0739130118619%

Flavonoids

Cyanidin: 7.77mg, Cyanidin: 7.77mg, Cyanidin: 7.77mg, Cyanidin: 7.77mg Catechin: 1.02mg, Catechin: 1.02mg, Catechin: 1.02mg, Catechin: 1.02mg Epigallocatechin: 2.23mg, Epigallocatechin: 2.23mg, Epigallocatechin: 2.23mg, Epigallocatechin: 2.23mg Epicatechin: 14.19mg, Epicatechin: 14.19mg, Epicatechin: 14.19mg, Epicatechin: 14.19mg Epicatechin 3-gallate: 0.08mg, Epicatechin 3-gallate: 0.08mg, Epicatechin 3-gallate: 0.08mg, Epicatechin 3-gallate: 0.08mg Epigallocatechin 3-gallate: 0.64mg, Epigallocatechin 3-gallate: 0.64mg, Epigallocatechin 3-gallate: 0.64mg, Epigallocatechin 3-gallate: 0.64mg Isorhamnetin: 1.13mg, Isorhamnetin: 1.13mg, Isorhamnetin: 1.13mg, Isorhamnetin: 1.13mg Quercetin: 3.17mg, Quercetin: 3.17mg, Quercetin: 3.17mg, Quercetin: 3.17mg

Nutrients (% of daily need)

Calories: 883.94kcal (44.2%), Fat: 0.56g (0.86%), Saturated Fat: 0.08g (0.52%), Carbohydrates: 92.73g (30.91%), Net Carbohydrates: 81.01g (29.46%), Sugar: 43.65g (48.5%), Cholesterol: 0mg (0%), Sodium: 7.14mg (0.31%), Alcohol: 76.77g (100%), Alcohol %: 7.87% (100%), Protein: 2.06g (4.12%), Fiber: 11.72g (46.89%), Vitamin C: 23.85mg (28.91%), Copper: 0.32mg (15.92%), Vitamin K: 16.6µg (15.81%), Potassium: 483.55mg (13.82%), Manganese: 0.18mg (9.05%), Magnesium: 29.8mg (7.45%), Folate: 26.98µg (6.74%), Vitamin B2: 0.1mg (5.77%), Vitamin B6: 0.11mg (5.47%), Phosphorus: 48.39mg (4.84%), Iron: 0.79mg (4.4%), Calcium: 37.9mg (3.79%), Vitamin B3: 0.69mg (3.46%), Vitamin E: 0.45mg (3.02%), Vitamin B1: 0.05mg (3.02%), Zinc: 0.41mg (2.74%), Vitamin B5: 0.21mg (2.13%), Vitamin A: 96.3IU (1.93%)