



Harvey Wallbanger Cake

 Dairy Free

READY IN



45 min.

SERVINGS



10

CALORIES



388 kcal

DESSERT

Ingredients

- 1 cup powdered sugar
- 4 eggs
- 5 fluid ounces galliano
- 3.5 ounce vanilla pudding instant
- 0.5 cup orange juice
- 0.5 cup vegetable oil
- 2 fluid ounces vodka
- 18.3 ounce cake mix yellow

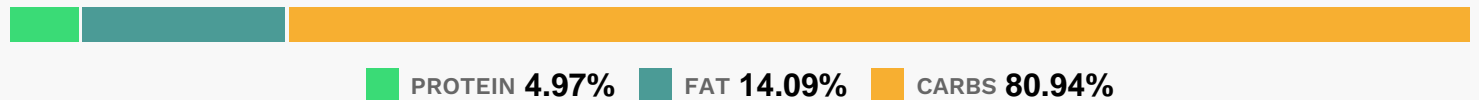
Equipment

- bowl
- frying pan
- oven
- wire rack

Directions

- Preheat oven to 350 degrees F (175 degrees C). Grease and flour one 10 inch tube pan.
- Combine cake mix and pudding mix in a large bowl. Blend in eggs, vegetable oil, 4 ounces Galliano, 1 ounce vodka, and 4 ounces orange juice.
- Mix batter until smooth and thick and pour into prepared pan.
- Bake at 350 degrees for 45 minutes.
- Let cake cool in pan for 10 minutes then remove and place on cooling rack. Spoon glaze over cake while it is still warm.
- Combine the remaining 1 ounce Galliano, 1 ounce vodka, and 1ounce orange juice with the confectioner's sugar and blend until smooth. Spoon glaze over warm cake.

Nutrition Facts



Properties

Glycemic Index:6.7, Glycemic Load:0.66, Inflammation Score:-2, Nutrition Score:6.2021740001181%

Flavonoids

Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Hesperetin: 1.48mg, Hesperetin: 1.48mg, Hesperetin: 1.48mg, Hesperetin: 1.48mg Naringenin: 0.27mg, Naringenin: 0.27mg, Naringenin: 0.27mg, Naringenin: 0.27mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg, Quercetin: 0.03mg

Nutrients (% of daily need)

Calories: 387.6kcal (19.38%), Fat: 5.36g (8.24%), Saturated Fat: 1.73g (10.83%), Carbohydrates: 69.25g (23.08%), Net Carbohydrates: 68.55g (24.93%), Sugar: 47.02g (52.25%), Cholesterol: 65.47mg (21.82%), Sodium: 465.07mg

(20.22%), Alcohol: 6.66g (100%), Alcohol %: 6.24% (100%), Protein: 4.25g (8.5%), Phosphorus: 197.84mg (19.78%), Vitamin B2: 0.21mg (12.21%), Calcium: 121mg (12.1%), Folate: 47.17µg (11.79%), Selenium: 7.13µg (10.18%), Vitamin B1: 0.14mg (9.2%), Iron: 1.43mg (7.92%), Vitamin C: 6.2mg (7.52%), Vitamin B3: 1.26mg (6.3%), Vitamin E: 0.84mg (5.63%), Manganese: 0.11mg (5.34%), Vitamin K: 5.57µg (5.31%), Vitamin B5: 0.48mg (4.82%), Vitamin B6: 0.07mg (3.74%), Vitamin B12: 0.21µg (3.47%), Copper: 0.06mg (2.94%), Fiber: 0.71g (2.82%), Zinc: 0.38mg (2.51%), Vitamin A: 119.84IU (2.4%), Vitamin D: 0.35µg (2.35%), Potassium: 75.69mg (2.16%), Magnesium: 8.65mg (2.16%)