



Harvey Wallbanger Cocktail

 **Gluten Free**  **Dairy Free**

READY IN



5 min.

SERVINGS



1

CALORIES



253 kcal

BEVERAGE

DRINK

Ingredients

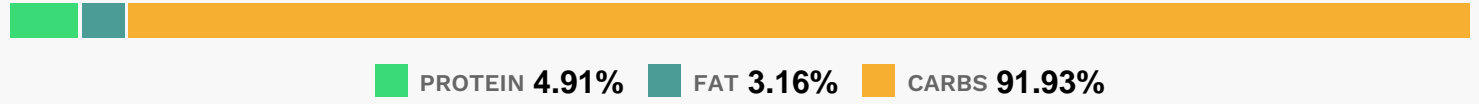
- 1.5 cups ice cubes
- 5 fluid ounces orange juice freshly squeezed
- 1 tablespoon liqueur galliano®
- 2 fluid ounces vodka

Equipment

Directions

- Fill a cocktail shaker with ice.
- Pour in vodka and orange juice. Shake well and strain into a cocktail glass.
- Pour a floater of Galliano® over the top.
- Serve with a slice of orange.

Nutrition Facts



Properties

Glycemic Index:67, Glycemic Load:7.84, Inflammation Score:-7, Nutrition Score:6.8665217407372%

Flavonoids

Eriodictyol: 0.25mg, Eriodictyol: 0.25mg, Eriodictyol: 0.25mg, Eriodictyol: 0.25mg Hesperetin: 17.67mg, Hesperetin: 17.67mg, Hesperetin: 17.67mg, Hesperetin: 17.67mg Naringenin: 3.16mg, Naringenin: 3.16mg, Naringenin: 3.16mg, Naringenin: 3.16mg Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg, Myricetin: 0.07mg Quercetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg

Nutrients (% of daily need)

Calories: 253.1kcal (12.65%), Fat: 0.3g (0.45%), Saturated Fat: 0.04g (0.22%), Carbohydrates: 19.38g (6.46%), Net Carbohydrates: 19.09g (6.94%), Sugar: 16.39g (18.21%), Cholesterol: 0mg (0%), Sodium: 19.81mg (0.86%), Alcohol: 24.51g (100%), Alcohol %: 5.38% (100%), Protein: 1.03g (2.07%), Vitamin C: 73.93mg (89.61%), Folate: 44.35µg (11.09%), Vitamin B1: 0.14mg (9.07%), Potassium: 296.29mg (8.47%), Copper: 0.13mg (6.39%), Vitamin A: 295.7IU (5.91%), Magnesium: 19.81mg (4.95%), Vitamin B3: 0.59mg (2.96%), Vitamin B6: 0.06mg (2.96%), Vitamin B2: 0.05mg (2.85%), Vitamin B5: 0.28mg (2.81%), Phosphorus: 28.09mg (2.81%), Calcium: 26.91mg (2.69%), Iron: 0.3mg (1.68%), Fiber: 0.3g (1.18%), Manganese: 0.02mg (1.03%)