

Hat Cake

airy Free







DESSERT

Ingredients

	1 box cake mix	yellow your favorite (or flavor)

16 oz fluffy frosting white your favorite (or flavor)

1 serving ice (dianthus, pansies, violas)

Equipment

frying pan

oven

knife

Directions Heat oven to 350°F (325°F for dark or nonstick pan). Bake and cool cake as directed on box--except use one 8-inch round pan and one 9-inch round pan. For easier handling, refrigerate or freeze cake 30 to 60 minutes or until firm. Cut 6-inch circle out of waxed paper; place on 8-inch layer. Cut cake around circle with small knife to make 6-inch round layer; place on 9-inch layer, attaching pieces with small amount of frosting. Frost with a thin layer of frosting. Refrigerate or freeze 30 to 60 minutes to set frosting. Frost cake. Trim hat with ribbon and flowers. Store loosely covered in refrigerator. Nutrition Facts

Properties

Glycemic Index: 2.69, Glycemic Load: 8.28, Inflammation Score: -1, Nutrition Score: 2.9608695704652%

Nutrients (% of daily need)

Calories: 237.42kcal (11.87%), Fat: 5.49g (8.45%), Saturated Fat: 1.37g (8.53%), Carbohydrates: 45.88g (15.29%), Net Carbohydrates: 45.49g (16.54%), Sugar: 31.88g (35.42%), Cholesterol: Omg (0%), Sodium: 287.4mg (12.5%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.2g (2.39%), Phosphorus: 105.3mg (10.53%), Vitamin B2: 0.16mg (9.43%), Calcium: 69.05mg (6.91%), Folate: 24.28µg (6.07%), Vitamin B1: 0.08mg (5.17%), Vitamin E: 0.73mg (4.87%), Vitamin K: 4.62µg (4.4%), Vitamin B3: 0.81mg (4.05%), Iron: 0.72mg (3.99%), Manganese: 0.06mg (3.09%), Fiber: 0.39g (1.55%), Selenium: 1µg (1.43%), Vitamin B5: 0.13mg (1.33%), Vitamin B6: 0.02mg (1.24%), Copper: 0.02mg (1.16%)