



Hazelnut Crinkle Cookies

READY IN



45 min.

SERVINGS



72

CALORIES



127 kcal

DESSERT

Ingredients

- 2 teaspoons double-acting baking powder
- 13 ounce chocolate-hazelnut spread
- 2 large eggs
- 3 cups flour all-purpose
- 0.5 cup hazelnuts chopped
- 2 cups hazelnuts finely chopped
- 0.3 cup milk
- 72 servings powdered sugar sifted
- 0.5 teaspoon salt

- 0.3 cup shortening
- 1.3 cups sugar
- 1 teaspoon vanilla extract

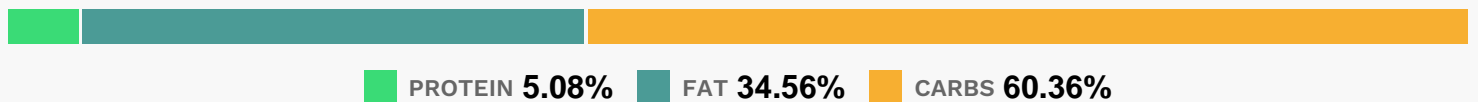
Equipment

- frying pan
- baking sheet
- oven
- hand mixer

Directions

- Bake 1/2 cup chopped hazelnuts in a shallow pan at 350 for 5 to 10 minutes or until toasted. Set aside.
- Beat chocolate-hazelnut spread and shortening at medium speed with an electric mixer until blended. Gradually add sugar, beating well.
- Add eggs and vanilla; beat until blended.
- Combine flour, baking powder, and salt; add to chocolate-hazelnut mixture alternately with milk, beginning and ending with flour mixture. Stir in toasted hazelnuts.
- Shape dough into 1-inch balls; roll in finely chopped hazelnuts, and then in powdered sugar.
- Place 2 inches apart on lightly greased baking sheets.
- Bake at 375 for 8 to 10 minutes or until set.
- Remove to wire racks to cool.

Nutrition Facts



Properties

Glycemic Index:4.64, Glycemic Load:6.41, Inflammation Score:-1, Nutrition Score:3.0152174072421%

Flavonoids

Cyanidin: 0.28mg, Cyanidin: 0.28mg, Cyanidin: 0.28mg, Cyanidin: 0.28mg Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg, Catechin: 0.05mg Epigallocatechin: 0.12mg, Epigallocatechin: 0.12mg, Epigallocatechin: 0.12mg, Epigallocatechin: 0.12mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg, Epigallocatechin 3-gallate: 0.04mg

Nutrients (% of daily need)

Calories: 127.27kcal (6.36%), Fat: 5g (7.69%), Saturated Fat: 1.89g (11.81%), Carbohydrates: 19.64g (6.55%), Net Carbohydrates: 18.82g (6.84%), Sugar: 14.55g (16.16%), Cholesterol: 5.3mg (1.77%), Sodium: 32.76mg (1.42%), Alcohol: 0.02g (100%), Alcohol %: 0.08% (100%), Protein: 1.65g (3.3%), Manganese: 0.34mg (16.92%), Vitamin E: 0.94mg (6.27%), Copper: 0.11mg (5.25%), Vitamin B1: 0.07mg (4.89%), Iron: 0.71mg (3.92%), Folate: 15.61µg (3.9%), Selenium: 2.57µg (3.67%), Fiber: 0.82g (3.29%), Phosphorus: 31.82mg (3.18%), Vitamin B2: 0.05mg (2.9%), Magnesium: 11.55mg (2.89%), Vitamin B3: 0.41mg (2.03%), Calcium: 19.9mg (1.99%), Potassium: 58.69mg (1.68%), Vitamin B6: 0.03mg (1.65%), Zinc: 0.22mg (1.44%), Vitamin B5: 0.11mg (1.1%), Vitamin K: 1.09µg (1.04%)