



## Heavenly Candy Bar Cake

READY IN



20 min.

SERVINGS



12

CALORIES



592 kcal

DESSERT

### Ingredients

- ☐ 0.5 teaspoon baking soda
- ☐ 9 fun-size mini
- ☐ 0.5 cup butter
- ☐ 1.5 cups buttermilk
- ☐ 12 servings garnishes: fun-size chocolate-coated caramel and creamy nougat bars frozen chopped
- ☐ 3 large eggs
- ☐ 2.5 cups flour all-purpose
- ☐ 1 teaspoon salt

- ☐ 1 cup shortening
- ☐ 2 cups sugar
- ☐ 1 teaspoon vanilla extract

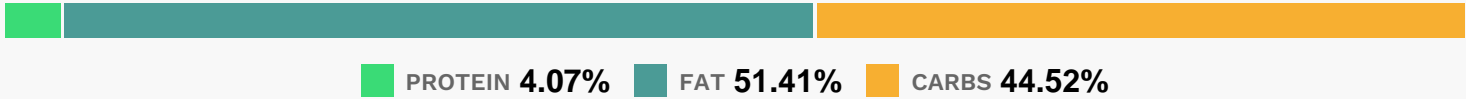
## Equipment

- ☐ sauce pan
- ☐ oven
- ☐ wire rack
- ☐ hand mixer

## Directions

- ☐ Melt candy bars and butter in a heavy saucepan over low heat about 5 minutes, stirring until smooth. Set aside.
- ☐ Beat sugar and shortening at medium speed with an electric mixer about 3 minutes or until well blended.
- ☐ Add eggs, 1 at a time, beating just until blended after each addition.
- ☐ Combine flour and salt. Stir together buttermilk and baking soda. Gradually add flour mixture to sugar mixture, alternately with buttermilk mixture, beginning and ending with flour mixture. Beat at low speed just until blended after each addition. Stir in melted candy bar mixture and vanilla. Spoon batter into 3 greased and floured 9-inch cakepans.
- ☐ Bake at 350 for 30 minutes or until a wooden pick comes out clean. Cool in pans on a wire rack 10 minutes; remove cakes from pans, and let cool completely on wire rack.
- ☐ Spread half of Chocolate–Marshmallow Frosting evenly between cake layers.
- ☐ Spread remaining frosting evenly over top and sides of cake.
- ☐ Garnish, if desired.
- ☐ Note: For testing purposes only, we used Milky Way Bars.

## Nutrition Facts



## Properties

Glycemic Index:20.14, Glycemic Load:43.09, Inflammation Score:-5, Nutrition Score:8.8843477817009%

Nutrients (% of daily need)

Calories: 592.03kcal (29.6%), Fat: 34.85g (53.61%), Saturated Fat: 11.31g (70.71%), Carbohydrates: 67.9g (22.63%), Net Carbohydrates: 65.93g (23.97%), Sugar: 45.94g (51.04%), Cholesterol: 49.83mg (16.61%), Sodium: 382.96mg (16.65%), Alcohol: 0.11g (100%), Alcohol %: 0.1% (100%), Caffeine: 14.66mg (4.89%), Protein: 6.21g (12.42%), Selenium: 14.63µg (20.9%), Vitamin B2: 0.3mg (17.57%), Vitamin B1: 0.23mg (15.5%), Manganese: 0.31mg (15.41%), Folate: 55.76µg (13.94%), Iron: 2.17mg (12.03%), Phosphorus: 114.52mg (11.45%), Vitamin E: 1.57mg (10.46%), Vitamin K: 10.69µg (10.18%), Copper: 0.19mg (9.75%), Magnesium: 36.57mg (9.14%), Vitamin A: 455.71IU (9.11%), Vitamin B3: 1.73mg (8.64%), Fiber: 1.97g (7.87%), Vitamin B5: 0.56mg (5.63%), Calcium: 54.67mg (5.47%), Zinc: 0.81mg (5.4%), Potassium: 158.84mg (4.54%), Vitamin B12: 0.26µg (4.36%), Vitamin D: 0.64µg (4.27%), Vitamin B6: 0.05mg (2.7%)